



**Phillip J. Watt**  
**Skeptiko #380**

1  
00:00:12,020 --> 00:00:09,259  
today we welcome Philip J watt to

2  
00:00:14,810 --> 00:00:12,030  
skeptic Oh Phil is an interesting guy

3  
00:00:18,859 --> 00:00:14,820  
and a fellow podcaster which is always

4  
00:00:21,320 --> 00:00:18,869  
fun for me he's also quite a spiritual

5  
00:00:24,650 --> 00:00:21,330  
seeker as you'll come to know he's a

6  
00:00:26,839 --> 00:00:24,660  
formal former social worker down there

7  
00:00:28,490 --> 00:00:26,849  
in Australia which brings an interesting

8  
00:00:30,560 --> 00:00:28,500  
background to the mix he's an

9  
00:00:33,200 --> 00:00:30,570  
out-of-body traveller a lucid dreamer a

10  
00:00:36,709 --> 00:00:33,210  
bunch of other stuff and you can add to

11  
00:00:40,970 --> 00:00:36,719  
that list an author of a very cool new

12  
00:00:43,670 --> 00:00:40,980  
book titled the simulation so Phil we're

13  
00:00:45,830 --> 00:00:43,680

here to do a redo on a pretty good

14

00:00:48,520 --> 00:00:45,840

interview we did last time but they both

15

00:00:52,639 --> 00:00:48,530

want to take it a little bit further so

16

00:00:54,350 --> 00:00:52,649

thanks for joining me again my absolute

17

00:00:56,420 --> 00:00:54,360

pleasure I'm great to baekjae and yeah

18

00:00:58,700 --> 00:00:56,430

I'm hoping we can sort of provide a

19

00:01:00,560 --> 00:00:58,710

holistic snapshot of this sort of

20

00:01:02,360 --> 00:01:00,570

escorted spiritual seeking but you know

21

00:01:04,729 --> 00:01:02,370

true seeking is another great way of

22

00:01:06,440 --> 00:01:04,739

discussing it but what's going on in the

23

00:01:09,530 --> 00:01:06,450

independent media what's going on in

24

00:01:10,969 --> 00:01:09,540

this this search of gnosis this journey

25

00:01:15,140 --> 00:01:10,979

of gnosis that we're all sort of going

26

00:01:17,749 --> 00:01:15,150

through in this collective amnesia age

27

00:01:19,730 --> 00:01:17,759

we call you know living as a human of

28

00:01:21,679 --> 00:01:19,740

the style the 21st century so yeah let's

29

00:01:23,899 --> 00:01:21,689

do it looking forward to it yeah you

30

00:01:26,749 --> 00:01:23,909

know even what you said right there is

31

00:01:29,240 --> 00:01:26,759

is kind of interesting because on one

32

00:01:31,609 --> 00:01:29,250

level I totally agree with you about the

33

00:01:33,859 --> 00:01:31,619

truth-seeking and the spiritual seeking

34

00:01:37,700 --> 00:01:33,869

and those really being one that's

35

00:01:41,330 --> 00:01:37,710

certainly my if not my orientation which

36

00:01:44,149 --> 00:01:41,340

I was about to say my conclusion is that

37

00:01:46,520 --> 00:01:44,159

if you're seeking the truth you will

38

00:01:48,649 --> 00:01:46,530

ultimately find yourself on a spiritual

39

00:01:51,109 --> 00:01:48,659

path although I guess I could have

40

00:01:54,530 --> 00:01:51,119

probably short-circuited about five to

41

00:01:57,469 --> 00:01:54,540

seven years of my podcast and my journey

42

00:01:59,719 --> 00:01:57,479

just by listening to some of the great

43

00:02:03,080 --> 00:01:59,729

spiritual masters who've said that all

44

00:02:07,100 --> 00:02:03,090

along but some of us have to learn I

45

00:02:08,719 --> 00:02:07,110

guess the hard way so and what's your

46

00:02:10,160 --> 00:02:08,729

what's your definition of spirituality

47

00:02:11,700 --> 00:02:10,170

then so as you were going through your

48

00:02:13,710 --> 00:02:11,710

podcasting journey

49

00:02:15,950 --> 00:02:13,720

what sort of information sort of helped

50

00:02:18,150 --> 00:02:15,960

you to understand some sort of spiritual

51  
00:02:19,560 --> 00:02:18,160  
essence of life and how do you have

52  
00:02:22,440 --> 00:02:19,570  
would you define it and then I'll have

53  
00:02:24,030 --> 00:02:22,450  
the craic afterwards yeah because as we

54  
00:02:26,000 --> 00:02:24,040  
were just talking about I mean we share

55  
00:02:28,770 --> 00:02:26,010  
some similarities there but we also

56  
00:02:32,940 --> 00:02:28,780  
share some differences which I think are

57  
00:02:34,440 --> 00:02:32,950  
really cool because I like your straight

58  
00:02:36,780 --> 00:02:34,450  
ahead approach you seem like a very

59  
00:02:38,280 --> 00:02:36,790  
down-to-earth guy you know people talk

60  
00:02:41,160 --> 00:02:38,290  
to you they feel like they're getting

61  
00:02:45,780 --> 00:02:41,170  
kind of the authentic version of Phil

62  
00:02:50,880 --> 00:02:45,790  
which is I think terrific but and and

63  
00:02:54,120 --> 00:02:50,890

for me I mean my authenticity comes from

64

00:02:57,200 --> 00:02:54,130

really pretty much being a normal

65

00:03:00,720 --> 00:02:57,210

everyday kind of guy who was looking for

66

00:03:03,570 --> 00:03:00,730

success money the normal things in life

67

00:03:07,260 --> 00:03:03,580

you know going to college get a good job

68

00:03:09,300 --> 00:03:07,270

make it my own business make money do

69

00:03:11,820 --> 00:03:09,310

that kind of stuff and I did that and I

70

00:03:14,370 --> 00:03:11,830

was good at it to a certain extent I had

71

00:03:18,330 --> 00:03:14,380

a lot of failures but eventually it came

72

00:03:21,570 --> 00:03:18,340

out well for me but inside of that I

73

00:03:25,590 --> 00:03:21,580

always had the idea in the back of my

74

00:03:28,650 --> 00:03:25,600

head that while I'm doing this I'm also

75

00:03:31,080 --> 00:03:28,660

thinking about the big picture questions

76  
00:03:35,070 --> 00:03:31,090  
of Who am I really

77  
00:03:37,590 --> 00:03:35,080  
and why am i here really and the thing

78  
00:03:40,470 --> 00:03:37,600  
for me which I guess was surprising when

79  
00:03:42,060 --> 00:03:40,480  
I started a podcasting is I thought okay

80  
00:03:44,190 --> 00:03:42,070  
I've kind of lived this kind of dual

81  
00:03:46,770 --> 00:03:44,200  
thing but everyone's doing it right I

82  
00:03:49,800 --> 00:03:46,780  
mean ultimately if they could everyone

83  
00:03:51,450 --> 00:03:49,810  
would be asking those questions and when

84  
00:03:54,270 --> 00:03:51,460  
I got to that point and started spending

85  
00:03:56,340 --> 00:03:54,280  
full time asking those questions and my

86  
00:03:59,330 --> 00:03:56,350  
approach was just to approach the the

87  
00:04:02,250 --> 00:03:59,340  
people who were ordained with being the

88  
00:04:05,310 --> 00:04:02,260

knowledge holders the scientists the

89

00:04:08,640 --> 00:04:05,320

experts I found that now now they're not

90

00:04:10,160 --> 00:04:08,650

really interested in truth seeking and

91

00:04:12,510 --> 00:04:10,170

the way that we're talking about it or

92

00:04:14,970 --> 00:04:12,520

spiritual seeking in the way that we're

93

00:04:18,510 --> 00:04:14,980

talking about it they're kind of stuck

94

00:04:21,510 --> 00:04:18,520

in a different thing and because I know

95

00:04:22,800 --> 00:04:21,520

you through I met you through Gordon

96

00:04:23,940 --> 00:04:22,810

white and some of the interviews you did

97

00:04:25,260 --> 00:04:23,950

there and I've listened some of your

98

00:04:27,240 --> 00:04:25,270

other interviews

99

00:04:30,089 --> 00:04:27,250

you have a somewhat similar but also

100

00:04:32,490 --> 00:04:30,099

very different path that you've taken

101  
00:04:34,920 --> 00:04:32,500  
that I think people will find really

102  
00:04:38,219 --> 00:04:34,930  
interesting in terms of what that

103  
00:04:40,980 --> 00:04:38,229  
spiritual seeking is for you yeah the

104  
00:04:44,670 --> 00:04:40,990  
code-named distance and the rejection

105  
00:04:46,619 --> 00:04:44,680  
suppression of information that could

106  
00:04:48,210 --> 00:04:46,629  
revolutionize different minds and hearts

107  
00:04:50,550 --> 00:04:48,220  
particularly in academia and the

108  
00:04:52,710 --> 00:04:50,560  
scientific world is very real look at

109  
00:04:54,360 --> 00:04:52,720  
history you know the fringe is always

110  
00:04:56,520 --> 00:04:54,370  
sort of the next step in in the

111  
00:04:58,200 --> 00:04:56,530  
evolution of consciousness and it's it

112  
00:05:01,620 --> 00:04:58,210  
goes without saying that there's a lot

113  
00:05:05,879 --> 00:05:01,630

of people in that field who have a lot

114

00:05:08,040 --> 00:05:05,889

of there's a lot of lot resting on their

115

00:05:10,710 --> 00:05:08,050

continuation or perpetuation of sort of

116

00:05:11,969 --> 00:05:10,720

a materialist view point especially let

117

00:05:17,610 --> 00:05:11,979

me jump in there for one second because

118

00:05:19,200 --> 00:05:17,620

I agree with that but I also think that

119

00:05:21,719 --> 00:05:19,210

you know just like there's a difference

120

00:05:23,240 --> 00:05:21,729

between my story and your story there's

121

00:05:26,300 --> 00:05:23,250

also just a different kind of

122

00:05:28,800 --> 00:05:26,310

orientation that people start with that

123

00:05:31,950 --> 00:05:28,810

require that they go down one path I

124

00:05:33,959 --> 00:05:31,960

mean you thought I'm from a mitzi I came

125

00:05:35,610 --> 00:05:33,969

from a materialist perspective when I

126

00:05:37,770 --> 00:05:35,620

first started but you had some

127

00:05:39,659 --> 00:05:37,780

experiences that kind of pulled you in

128

00:05:41,370 --> 00:05:39,669

another direction right well I think we

129

00:05:43,920 --> 00:05:41,380

all have those experiences Alex I think

130

00:05:46,200 --> 00:05:43,930

we either attune to the connection that

131

00:05:47,999 --> 00:05:46,210

we have with that reality or we don't we

132

00:05:49,709 --> 00:05:48,009

reject it and suppress it or we don't

133

00:05:53,370 --> 00:05:49,719

and so I just paid attention my

134

00:05:55,050 --> 00:05:53,380

experience with understanding my spirit

135

00:05:57,870 --> 00:05:55,060

some sort of spirituality in my life

136

00:06:00,809 --> 00:05:57,880

which I simply define as basically

137

00:06:02,820 --> 00:06:00,819

exploring understanding and expanding my

138

00:06:04,469 --> 00:06:02,830

experience of connection with life

139

00:06:06,629 --> 00:06:04,479

that's my basic definition of

140

00:06:08,610 --> 00:06:06,639

spirituality how am I connected in what

141

00:06:10,409 --> 00:06:08,620

ways what's going on internally through

142

00:06:12,779 --> 00:06:10,419

all my internal layers and how does that

143

00:06:15,240 --> 00:06:12,789

connect to the outside world as well as

144

00:06:17,010 --> 00:06:15,250

I skip folks a sense and I think I've

145

00:06:19,589 --> 00:06:17,020

heard this before but some of the

146

00:06:22,909 --> 00:06:19,599

earliest experiences you remember of

147

00:06:26,129 --> 00:06:22,919

having that kind of knock on the door

148

00:06:28,950 --> 00:06:26,139

kind of awareness that then you said you

149

00:06:30,360 --> 00:06:28,960

connected to what was that what were

150

00:06:31,740 --> 00:06:30,370

they what were they connected with

151  
00:06:34,740 --> 00:06:31,750  
psychedelics were they connected with

152  
00:06:37,499 --> 00:06:34,750  
paranormal experiences and alien

153  
00:06:38,020 --> 00:06:37,509  
encounters how did it come for you well

154  
00:06:41,200 --> 00:06:38,030  
power

155  
00:06:43,810 --> 00:06:41,210  
and other independent intelligence

156  
00:06:46,390 --> 00:06:43,820  
experiences came later when I was about

157  
00:06:47,940 --> 00:06:46,400  
to ask the question the universe is

158  
00:06:51,160 --> 00:06:47,950  
expanding but what is it actually

159  
00:06:52,870 --> 00:06:51,170  
expanding into that metaphysical met a

160  
00:06:55,480 --> 00:06:52,880  
metaphysical metaphysical question

161  
00:06:57,580 --> 00:06:55,490  
really got that sort of that energy

162  
00:07:00,160 --> 00:06:57,590  
spinning within me and like okay I've

163  
00:07:02,170 --> 00:07:00,170

got some questions now that's where is

164

00:07:02,830 --> 00:07:02,180

this bloody universe that we call the

165

00:07:04,630 --> 00:07:02,840

universe

166

00:07:07,060 --> 00:07:04,640

so that spatial question sort of

167

00:07:10,840 --> 00:07:07,070

catalyzed an ongoing search for the

168

00:07:12,510 --> 00:07:10,850

truth and as my life unfolded I realized

169

00:07:14,909 --> 00:07:12,520

that there was the sort of weed

170

00:07:17,080 --> 00:07:14,919

coincidences which some people call

171

00:07:19,210 --> 00:07:17,090

synchronicities but there seems to be

172

00:07:21,880 --> 00:07:19,220

this meaningful connection on some level

173

00:07:23,200 --> 00:07:21,890

and I was very skeptical at the start

174

00:07:26,020 --> 00:07:23,210

even though there was some really big

175

00:07:28,570 --> 00:07:26,030

stuff happening like why especially like

176

00:07:30,970 --> 00:07:28,580

well I'd give us an example and also you

177

00:07:33,070 --> 00:07:30,980

know just to kind of drill into this a

178

00:07:36,430 --> 00:07:33,080

little bit more if I was 12 years old

179

00:07:40,090 --> 00:07:36,440

and I was 12 years old and I had like

180

00:07:42,850 --> 00:07:40,100

maybe thoughts like that maybe not as

181

00:07:46,870 --> 00:07:42,860

profound as that but I would just go and

182

00:07:48,460 --> 00:07:46,880

ask my dad or ask somebody else or ask a

183

00:07:52,240 --> 00:07:48,470

teacher as a last resort

184

00:07:53,560 --> 00:07:52,250

yeah I'd be done with it so why wasn't

185

00:07:55,900 --> 00:07:53,570

that enough for you

186

00:07:57,820 --> 00:07:55,910

what was there's something unique there

187

00:08:00,250 --> 00:07:57,830

that that drove you in a different

188

00:08:03,850 --> 00:08:00,260

direction well if I was a little rebel

189

00:08:06,130 --> 00:08:03,860

from way back when you know I had a lot

190

00:08:09,070 --> 00:08:06,140

of excess energy I wasn't okay with

191

00:08:11,680 --> 00:08:09,080

authoritarian figures parents teachers

192

00:08:13,540 --> 00:08:11,690

etc so I was rebelling in my own way so

193

00:08:15,640 --> 00:08:13,550

I didn't really have somebody that I

194

00:08:17,440 --> 00:08:15,650

could look up to and have a good amount

195

00:08:19,900 --> 00:08:17,450

of respect for word assets or these

196

00:08:23,440 --> 00:08:19,910

sorts of questions so very early on in

197

00:08:26,140 --> 00:08:23,450

my childhood and early adulthood I began

198

00:08:27,700 --> 00:08:26,150

to take serious that I needed to answer

199

00:08:30,610 --> 00:08:27,710

these questions for myself because I

200

00:08:33,610 --> 00:08:30,620

wasn't getting I was seeing basically

201  
00:08:36,219 --> 00:08:33,620  
lies and deception and hypocrisy all

202  
00:08:38,469 --> 00:08:36,229  
around me so I was like well there you

203  
00:08:41,020 --> 00:08:38,479  
know what's happening around me isn't a

204  
00:08:43,510 --> 00:08:41,030  
satisfactory place to search for these

205  
00:08:46,650 --> 00:08:43,520  
answers so I look within so I did that

206  
00:08:48,270 --> 00:08:46,660  
there's many ways that pops up the

207  
00:08:50,400 --> 00:08:48,280  
there's an infant amount of ways that

208  
00:08:52,920 --> 00:08:50,410  
connection can pop up a lot of it had to

209  
00:08:55,200 --> 00:08:52,930  
do with symbolism so that I had a lot of

210  
00:08:58,110 --> 00:08:55,210  
connections particular animals and

211  
00:08:59,910 --> 00:08:58,120  
numbers and people and concepts though

212  
00:09:02,250 --> 00:08:59,920  
it's really informational packages that

213  
00:09:04,170 --> 00:09:02,260

are really started to connect with but

214

00:09:07,140 --> 00:09:04,180

that's an example give me an example

215

00:09:09,390 --> 00:09:07,150

that I can really understand where your

216

00:09:12,330 --> 00:09:09,400

experience was probably different than

217

00:09:13,680 --> 00:09:12,340

your peers or anyone else you knew and

218

00:09:15,300 --> 00:09:13,690

you're trying to process it and

219

00:09:16,680 --> 00:09:15,310

experience with a number or an animal or

220

00:09:19,350 --> 00:09:16,690

something like that at an early age that

221

00:09:22,860 --> 00:09:19,360

it be I'd be interesting I'd like to

222

00:09:24,630 --> 00:09:22,870

hear was thought on that well one of the

223

00:09:27,480 --> 00:09:24,640

first animals are connected with was the

224

00:09:30,270 --> 00:09:27,490

but it was because I was very deeply in

225

00:09:32,430 --> 00:09:30,280

depression when I was younger that the

226

00:09:34,800 --> 00:09:32,440

shadow so I really came to my for fun

227

00:09:37,350 --> 00:09:34,810

very very early and so I just had this

228

00:09:39,270 --> 00:09:37,360

odd connection with bats that would

229

00:09:41,280 --> 00:09:39,280

appear to me at certain times I would

230

00:09:44,130 --> 00:09:41,290

swoop me all this sort of crazy stuff

231

00:09:45,390 --> 00:09:44,140

you can you can sort an example but

232

00:09:47,670 --> 00:09:45,400

that's really not going to be

233

00:09:49,080 --> 00:09:47,680

satisfactory it's satisfactory to me how

234

00:09:50,940 --> 00:09:49,090

old were you when you started just

235

00:09:52,860 --> 00:09:50,950

seeing having a lot of encounters with

236

00:09:54,960 --> 00:09:52,870

bats and that kinda thing well that

237

00:09:57,840 --> 00:09:54,970

would have been around 1718 something

238

00:10:00,030 --> 00:09:57,850

like that and so but what I did alex is

239

00:10:01,860 --> 00:10:00,040

I was a skeptic and I wanted to

240

00:10:03,630 --> 00:10:01,870

rationalize this so I looked at all

241

00:10:05,580 --> 00:10:03,640

these experiences happening the not gone

242

00:10:07,800 --> 00:10:05,590

okay well the chance of that for example

243

00:10:09,540 --> 00:10:07,810

happening is in million-to-one and then

244

00:10:11,280 --> 00:10:09,550

something else happen that it's directly

245

00:10:12,900 --> 00:10:11,290

related to that and I was like okay well

246

00:10:14,460 --> 00:10:12,910

the chance of that happening is like a

247

00:10:15,810 --> 00:10:14,470

billion or one I was just sort of making

248

00:10:18,450 --> 00:10:15,820

these figures up in my head but I was

249

00:10:20,520 --> 00:10:18,460

sort of trying to calculate if it was

250

00:10:23,580 --> 00:10:20,530

just random chance or if there was some

251  
00:10:24,860 --> 00:10:23,590  
connection and as these these

252  
00:10:27,750 --> 00:10:24,870  
connections these meaningful

253  
00:10:30,330 --> 00:10:27,760  
synchronicities or these experiences

254  
00:10:32,940 --> 00:10:30,340  
kept on happening that indicated that I

255  
00:10:36,620 --> 00:10:32,950  
was connected I got to the point where I

256  
00:10:38,760 --> 00:10:36,630  
was like well that's now infinity to one

257  
00:10:40,800 --> 00:10:38,770  
basically chances were already out there

258  
00:10:42,720 --> 00:10:40,810  
is some basic connection now of course

259  
00:10:44,310 --> 00:10:42,730  
so that process is the trickster energy

260  
00:10:46,050 --> 00:10:44,320  
the shadow stuff that you get a little

261  
00:10:48,570 --> 00:10:46,060  
bit so I Chuck with certain things

262  
00:10:51,690 --> 00:10:48,580  
against very confusing but certainly

263  
00:10:54,540 --> 00:10:51,700

certainly there is a lens that you can

264

00:10:57,930 --> 00:10:54,550

look through on life that show that that

265

00:10:59,610 --> 00:10:57,940

starts with the basic premise of are you

266

00:11:00,510 --> 00:10:59,620

are connected so that's basically the

267

00:11:02,760 --> 00:11:00,520

transition

268

00:11:05,280 --> 00:11:02,770

from materialism to some sort of

269

00:11:07,530 --> 00:11:05,290

idealism or animism or whatever it may

270

00:11:10,440 --> 00:11:07,540

be for each individual but essentially

271

00:11:12,180 --> 00:11:10,450

we've got to trim the ego to not just

272

00:11:13,950 --> 00:11:12,190

understand I as it's understood

273

00:11:17,520 --> 00:11:13,960

etymologically but it needs to

274

00:11:19,260 --> 00:11:17,530

understand we so as we sup to connect

275

00:11:21,990 --> 00:11:19,270

with our reality and become conscious of

276

00:11:23,400 --> 00:11:22,000

those connections not only are we more

277

00:11:25,650 --> 00:11:23,410

capable of seeing it because we're

278

00:11:28,140 --> 00:11:25,660

developing a conceptual framework and

279

00:11:30,240 --> 00:11:28,150

apparatus that actually can interpret

280

00:11:32,730 --> 00:11:30,250

the experience more aligned to that

281

00:11:35,430 --> 00:11:32,740

connection but we're also creating that

282

00:11:36,650 --> 00:11:35,440

connection that co-creation process also

283

00:11:38,820 --> 00:11:36,660

because we're sending out

284

00:11:41,100 --> 00:11:38,830

electromagnetic vibrations for having

285

00:11:43,560 --> 00:11:41,110

this informational exchange with our

286

00:11:45,240 --> 00:11:43,570

reality in a way that actually brings

287

00:11:46,890 --> 00:11:45,250

that connection even further to the

288

00:11:49,770 --> 00:11:46,900

forefront so I believe that we all have

289

00:11:52,650 --> 00:11:49,780

these sorts of experiences some of which

290

00:11:54,510 --> 00:11:52,660

are very obvious at times of people some

291

00:11:55,740 --> 00:11:54,520

of them are very subtle a lot of people

292

00:11:57,870 --> 00:11:55,750

reject it and pretend it's not happening

293

00:12:00,180 --> 00:11:57,880

and just label as coincidence a lot of

294

00:12:02,400 --> 00:12:00,190

people understand the connection and so

295

00:12:04,710 --> 00:12:02,410

essentially hold on hold on one second

296

00:12:07,170 --> 00:12:04,720

Phil because here's where I guess it

297

00:12:10,620 --> 00:12:07,180

gets interesting on a couple of

298

00:12:12,150 --> 00:12:10,630

different levels one is you know you

299

00:12:14,880 --> 00:12:12,160

said a bunch of stuff that I agree with

300

00:12:17,640 --> 00:12:14,890

and then you said some stuff I'm not so

301

00:12:20,430 --> 00:12:17,650

sure of and at the same time let's talk

302

00:12:23,670 --> 00:12:20,440

about that yeah so when you say you know

303

00:12:26,310 --> 00:12:23,680

the electromagnetic connection you know

304

00:12:28,170 --> 00:12:26,320

I just interviewed dr. Dean Radin and I

305

00:12:32,790 --> 00:12:28,180

know that you've interviewed dr. Dean

306

00:12:34,230 --> 00:12:32,800

Radin on your show and Radin's path is

307

00:12:36,600 --> 00:12:34,240

kind of interesting because it's kind of

308

00:12:38,940 --> 00:12:36,610

crossing your path you're into magic

309

00:12:43,500 --> 00:12:38,950

kind of more than I am I'm kind of a

310

00:12:46,020 --> 00:12:43,510

little bit leery of the spiritual

311

00:12:48,300 --> 00:12:46,030

architecture it presupposes and whether

312

00:12:49,650 --> 00:12:48,310

it really established that but rate is

313

00:12:51,480 --> 00:12:49,660

kind of jumping over and saying yeah

314

00:12:53,190 --> 00:12:51,490

that's I want to explore that and stuff

315

00:12:57,540 --> 00:12:53,200

like that but at the same time he'll

316

00:13:00,050 --> 00:12:57,550

tell you in their lab they've tested for

317

00:13:04,050 --> 00:13:00,060

the electromagnetic connection

318

00:13:06,900 --> 00:13:04,060

associated with size / paranormal /

319

00:13:08,940 --> 00:13:06,910

magic as they've studied it and he says

320

00:13:10,500 --> 00:13:08,950

no they can't find any trace of it now

321

00:13:14,550 --> 00:13:10,510

that doesn't mean that it's not there

322

00:13:17,379 --> 00:13:14,560

but don't we have to kind of

323

00:13:19,329 --> 00:13:17,389

seriously the best we have and that's

324

00:13:21,400 --> 00:13:19,339

what Raiden is in terms of researching

325

00:13:23,769 --> 00:13:21,410

this when he says well guys with our

326

00:13:25,569 --> 00:13:23,779

tools if we're gonna look at it in that

327

00:13:27,939 --> 00:13:25,579

way that you're talking about there Phil

328

00:13:29,590 --> 00:13:27,949

we've done it I've done it it it doesn't

329

00:13:31,179 --> 00:13:29,600

show up I've built the Faraday cage I've

330

00:13:34,780 --> 00:13:31,189

done all the stuff and it doesn't show

331

00:13:37,540 --> 00:13:34,790

up what do you make of that well well it

332

00:13:40,090 --> 00:13:37,550

size just in the point to the evidence

333

00:13:42,699 --> 00:13:40,100

from side the heart math Institute that

334

00:13:45,100 --> 00:13:42,709

there is a an electromagnetic field that

335

00:13:46,660 --> 00:13:45,110

goes well beyond the physical body I'm

336

00:13:47,740 --> 00:13:46,670

coming from the heart as well as the

337

00:13:49,929 --> 00:13:47,750

brain there's all layers of the

338

00:13:52,240 --> 00:13:49,939

electromagnetism so regardless if

339

00:13:53,679 --> 00:13:52,250

they're able to capture that in a lab in

340

00:13:55,569 --> 00:13:53,689

terms of how that interacts with the

341

00:13:57,699 --> 00:13:55,579

other fields and you can also look at it

342

00:13:59,889 --> 00:13:57,709

more for more photogenic as well such as

343

00:14:03,490 --> 00:13:59,899

show Drake's work there's that's another

344

00:14:05,710 --> 00:14:03,500

layer of fields that because again I

345

00:14:09,189 --> 00:14:05,720

want to parse this I want to parse this

346

00:14:12,100 --> 00:14:09,199

kind of carefully anything more you have

347

00:14:14,800 --> 00:14:12,110

to say on the heart math folks and the

348

00:14:16,600 --> 00:14:14,810

that stuff I'd love to hear because

349

00:14:19,240 --> 00:14:16,610

that's an interview that's in my queue

350

00:14:22,240 --> 00:14:19,250

that hasn't happened the research there

351

00:14:24,610 --> 00:14:22,250

is solid and it's we don't know what it

352

00:14:27,460 --> 00:14:24,620

means but it's solid and it's extremely

353

00:14:30,249 --> 00:14:27,470

extremely compelling kind of stuff

354

00:14:32,670 --> 00:14:30,259

switch over to Sheldrick and I agree

355

00:14:36,490 --> 00:14:32,680

with you but Sheldrick isn't measuring

356

00:14:38,920 --> 00:14:36,500

fields in that way he's hypothesizing

357

00:14:41,199 --> 00:14:38,930

that the way this might work is some

358

00:14:43,509 --> 00:14:41,209

kind of field but again he's measured

359

00:14:46,840 --> 00:14:43,519

for the kind of fields that we know of

360

00:14:49,360 --> 00:14:46,850

and they don't exist but you're right it

361

00:14:51,699 --> 00:14:49,370

but but again you we don't really know

362

00:14:52,840 --> 00:14:51,709

what sheldricks saying either because we

363

00:14:55,299 --> 00:14:52,850

don't know what all these guys are

364

00:14:59,410 --> 00:14:55,309

saying because there is this backdoor

365

00:15:01,269 --> 00:14:59,420

materialism of it too so I get too far

366

00:15:02,860 --> 00:15:01,279

going let's talk more about the heart

367

00:15:05,559 --> 00:15:02,870

stuff have you done any interviews on

368

00:15:07,990 --> 00:15:05,569

that or what is your research told you

369

00:15:10,319 --> 00:15:08,000

where do you think that research leads

370

00:15:12,879 --> 00:15:10,329

us and then let's talk about children

371

00:15:14,829 --> 00:15:12,889

look it's a really good field now I

372

00:15:16,480 --> 00:15:14,839

haven't talked into an actual podcast

373

00:15:18,670 --> 00:15:16,490

and that set means something that's I

374

00:15:21,790 --> 00:15:18,680

would like to do maybe we'll do one

375

00:15:24,400 --> 00:15:21,800

together yeah sure sure will it be Olsen

376

00:15:26,530 --> 00:15:24,410

too I sort of get down to you know sort

377

00:15:27,510 --> 00:15:26,540

of where they are what the clarity is

378

00:15:29,700 --> 00:15:27,520

that they research

379

00:15:32,220 --> 00:15:29,710

shown and look one of the biggest things

380

00:15:34,380 --> 00:15:32,230

I love about the research into the heart

381

00:15:36,810 --> 00:15:34,390

is the neurology that's been found in it

382

00:15:38,790 --> 00:15:36,820

so there's 40,000 nerve cells or neurons

383

00:15:41,100 --> 00:15:38,800

within the heart there's a hundred burn

384

00:15:42,990 --> 00:15:41,110

billion in the cerebral brain 100

385

00:15:44,880 --> 00:15:43,000

million in the digestive system

386

00:15:47,070 --> 00:15:44,890

the cerebral and digestive system used

387

00:15:48,300 --> 00:15:47,080

to be connected in the fetus so it was

388

00:15:50,490 --> 00:15:48,310

originally one brain and then a

389

00:15:52,860 --> 00:15:50,500

disconnected at some point and was still

390

00:15:54,560 --> 00:15:52,870

connected via I am the nervous system

391

00:15:56,820 --> 00:15:54,570

obviously but there's all this

392

00:15:58,710 --> 00:15:56,830

independent analysis going on in our

393

00:16:01,620 --> 00:15:58,720

body and including on a cellular level

394

00:16:04,140 --> 00:16:01,630

as well and the way that there's this

395

00:16:05,820 --> 00:16:04,150

quantum biology and the instantaneous

396

00:16:08,810 --> 00:16:05,830

sharing and communication throughout the

397

00:16:12,870 --> 00:16:08,820

body but there are some primary areas of

398

00:16:14,970 --> 00:16:12,880

analysis and essentially determining a

399

00:16:16,260 --> 00:16:14,980

response to environmental stimuli and

400

00:16:19,200 --> 00:16:16,270

the heart is the first thing that

401  
00:16:21,060 --> 00:16:19,210  
responds to our environmental stimuli so

402  
00:16:23,670 --> 00:16:21,070  
there's there's the information that is

403  
00:16:25,440 --> 00:16:23,680  
generating from our heart and then it

404  
00:16:27,480 --> 00:16:25,450  
combines with whatever is coming from

405  
00:16:29,820 --> 00:16:27,490  
the gut the gut brain the second brain

406  
00:16:31,560 --> 00:16:29,830  
as well as the cerebral brain and some

407  
00:16:33,690 --> 00:16:31,570  
of they all combine together and give us

408  
00:16:36,150 --> 00:16:33,700  
our conscious awareness our egoic

409  
00:16:37,590 --> 00:16:36,160  
snapshot our final snapshot of infinite

410  
00:16:39,090 --> 00:16:37,600  
consciousness as I like to describe it

411  
00:16:42,840 --> 00:16:39,100  
so that the highly is a very powerful

412  
00:16:44,610 --> 00:16:42,850  
tool that we are if we listen and/or

413  
00:16:46,410 --> 00:16:44,620

learn to listen better that we can some

414

00:16:48,300 --> 00:16:46,420

learn this sort of information that is

415

00:16:51,330 --> 00:16:48,310

trying to tell us and isn't it

416

00:16:55,770 --> 00:16:51,340

interesting it's always just remarkable

417

00:16:58,620 --> 00:16:55,780

when these findings revolutionary new

418

00:17:00,990 --> 00:16:58,630

science findings map perfectly with

419

00:17:03,870 --> 00:17:01,000

wisdom that's been passed down forever

420

00:17:05,040 --> 00:17:03,880

and also just stuff that we experience I

421

00:17:06,449 --> 00:17:05,050

mean you got talk to your grandmother

422

00:17:08,790 --> 00:17:06,459

and she'll talk about I mean most

423

00:17:10,380 --> 00:17:08,800

grandmother's will about the heart and

424

00:17:14,250 --> 00:17:10,390

feeling the heart and opening you to all

425

00:17:16,740 --> 00:17:14,260

this very kind of active verbage

426

00:17:18,810 --> 00:17:16,750

language that connects completely to

427

00:17:20,820 --> 00:17:18,820

what the new revolutionary work what

428

00:17:24,870 --> 00:17:20,830

research is saying and just from a

429

00:17:27,030 --> 00:17:24,880

longer term kind of passed down wisdom

430

00:17:29,400 --> 00:17:27,040

the symbology of what the heart it just

431

00:17:31,500 --> 00:17:29,410

maps perfectly with this so it's it's

432

00:17:34,200 --> 00:17:31,510

always amazing when we have these you

433

00:17:36,480 --> 00:17:34,210

know but it's again a myth of progress

434

00:17:38,700 --> 00:17:36,490

kind of thing oh here's our new

435

00:17:41,190 --> 00:17:38,710

discovery oh yeah they've known for

436

00:17:43,640 --> 00:17:41,200

thousands of years gonna think yeah

437

00:17:47,340 --> 00:17:43,650

that's right there is a better alignment

438

00:17:49,500 --> 00:17:47,350

from in scientific sort of investigation

439

00:17:52,830 --> 00:17:49,510

with some of the ancient or traditional

440

00:17:54,540 --> 00:17:52,840

disciplines particularly spiritual and

441

00:17:56,490 --> 00:17:54,550

that's fantastic and there's so much for

442

00:17:58,440 --> 00:17:56,500

science to evolve through as well a

443

00:18:01,020 --> 00:17:58,450

particular approach right now the

444

00:18:02,910 --> 00:18:01,030

empirical approach it could potentially

445

00:18:05,340 --> 00:18:02,920

be evolved to incorporate the inner

446

00:18:07,919 --> 00:18:05,350

world so how do we sort of quantify and

447

00:18:10,020 --> 00:18:07,929

qualify more internally as well there's

448

00:18:13,260 --> 00:18:10,030

we're very much at the beginning and

449

00:18:14,880 --> 00:18:13,270

obviously no guy got to jump in there I

450

00:18:17,419 --> 00:18:14,890

told you I was gonna skeptical you a

451  
00:18:20,700 --> 00:18:17,429  
million times so I'm gonna jump in there

452  
00:18:23,310 --> 00:18:20,710  
again this gets to this topic that I

453  
00:18:25,500 --> 00:18:23,320  
kind of just touch on sometimes and it

454  
00:18:28,440 --> 00:18:25,510  
might be fun to stretch it out into a

455  
00:18:30,720 --> 00:18:28,450  
little bit longer discussion and that's

456  
00:18:33,540 --> 00:18:30,730  
the phrase I always put on it is back

457  
00:18:37,610 --> 00:18:33,550  
door materialism you know so it's like

458  
00:18:40,890 --> 00:18:37,620  
we're out there preaching

459  
00:18:44,030 --> 00:18:40,900  
post-materialism hey materialism doesn't

460  
00:18:46,350 --> 00:18:44,040  
work and consciousness is the underlying

461  
00:18:47,790 --> 00:18:46,360  
fundamental nature of everything and

462  
00:18:50,940 --> 00:18:47,800  
everything arises out of a consciousness

463  
00:18:52,950 --> 00:18:50,950

and then as soon as we get any kind of

464

00:18:54,660 --> 00:18:52,960

momentum we want to go back and go and

465

00:18:58,020 --> 00:18:54,670

here's how we can measure it control it

466

00:19:00,810 --> 00:18:58,030

you know mm make it better optimize it

467

00:19:06,090 --> 00:19:00,820

you know it's like wait a minute well in

468

00:19:09,510 --> 00:19:06,100

what way would that mean anything to use

469

00:19:12,200 --> 00:19:09,520

empirical means to you know study the

470

00:19:15,150 --> 00:19:12,210

efficacy of I mean that's there's a

471

00:19:17,880 --> 00:19:15,160

underlying contradiction there that

472

00:19:21,270 --> 00:19:17,890

suggests that that begins with the the

473

00:19:23,460 --> 00:19:21,280

assumption that driving this back into

474

00:19:26,060 --> 00:19:23,470

the material world and measuring it in

475

00:19:29,880 --> 00:19:26,070

some way is somehow good useful

476

00:19:32,700 --> 00:19:29,890

important for some goal that we have

477

00:19:34,320 --> 00:19:32,710

ill-defined and we really think we've

478

00:19:36,000 --> 00:19:34,330

moved past I mean do you get where I'm

479

00:19:38,460 --> 00:19:36,010

at all coming from with the back door

480

00:19:40,350 --> 00:19:38,470

materialism yeah but I would say that

481

00:19:44,190 --> 00:19:40,360

the material world isn't the material

482

00:19:47,490 --> 00:19:44,200

world it's an expression of reality and

483

00:19:49,560 --> 00:19:47,500

when we look at scientific investigation

484

00:19:50,159 --> 00:19:49,570

into that expression of reality if we

485

00:19:51,239 --> 00:19:50,169

look through

486

00:19:52,109 --> 00:19:51,249

from lens we're going to see it

487

00:19:54,060 --> 00:19:52,119

differently we're going to have

488

00:19:56,279 --> 00:19:54,070

different results but we shouldn't be

489

00:19:58,379 --> 00:19:56,289

looking at as for science is only the

490

00:20:01,680 --> 00:19:58,389

study of matter science isn't the study

491

00:20:04,229 --> 00:20:01,690

of matter science is the the organic

492

00:20:06,629 --> 00:20:04,239

investigation of humanity into reality

493

00:20:08,549 --> 00:20:06,639

and so how that are unfolds how we

494

00:20:10,440 --> 00:20:08,559

measure and actually interact interact

495

00:20:11,909 --> 00:20:10,450

with the so-called material world which

496

00:20:13,799 --> 00:20:11,919

is very much connected to the quantum

497

00:20:16,529 --> 00:20:13,809

physical world that's connected to the

498

00:20:17,999 --> 00:20:16,539

observer and how that and the collapse

499

00:20:20,430 --> 00:20:18,009

of the wavefunction into a particle

500

00:20:23,399 --> 00:20:20,440

experience all the way that the creative

501  
00:20:25,529 --> 00:20:23,409  
process happens as well as things that

502  
00:20:28,590 --> 00:20:25,539  
we don't sort of know about so I would

503  
00:20:30,210 --> 00:20:28,600  
suggest that science is perfectly doing

504  
00:20:32,369 --> 00:20:30,220  
you know what it's meant to be doing is

505  
00:20:34,109 --> 00:20:32,379  
investing in investigating I hear you

506  
00:20:36,450 --> 00:20:34,119  
and I'm gonna bring you back to a point

507  
00:20:40,169 --> 00:20:36,460  
where we read in our prior discussion

508  
00:20:41,789 --> 00:20:40,179  
that to me gets at this question in a

509  
00:20:42,180 --> 00:20:41,799  
beautiful way and I was telling you

510  
00:20:46,109 --> 00:20:42,190  
about

511  
00:20:48,180 --> 00:20:46,119  
my story with my friend and excellent

512  
00:20:49,619 --> 00:20:48,190  
host of the terrific show but at the gas

513  
00:20:52,700 --> 00:20:49,629

pump that I always referenced because

514

00:20:55,739 --> 00:20:52,710

it's an incredible show with so many

515

00:20:58,950 --> 00:20:55,749

incredibly spiritually awakening people

516

00:21:01,200 --> 00:20:58,960

as Rick calls them and one of them is aa

517

00:21:02,580 --> 00:21:01,210

known as the hugging Saint you know and

518

00:21:05,489 --> 00:21:02,590

I love this story about Amma

519

00:21:08,399 --> 00:21:05,499

because in a way I think it combines

520

00:21:11,310 --> 00:21:08,409

what you're saying with what I'm saying

521

00:21:14,639 --> 00:21:11,320

but in a way it leaves a big gap so Amma

522

00:21:17,369 --> 00:21:14,649

is this person who definitely from all

523

00:21:20,310 --> 00:21:17,379

appearances for millions of people seems

524

00:21:22,979 --> 00:21:20,320

like an awakened or an awakening soul

525

00:21:26,669 --> 00:21:22,989

with incredible spiritual presence

526

00:21:29,159 --> 00:21:26,679

whatever that means to doubters or

527

00:21:31,259 --> 00:21:29,169

whatever I don't know just you go check

528

00:21:33,389 --> 00:21:31,269

her out I checked her out I went to a

529

00:21:35,009 --> 00:21:33,399

weekend and weekend with her in LA I

530

00:21:38,249 --> 00:21:35,019

didn't have an incredible spiritual

531

00:21:41,249 --> 00:21:38,259

experience but a lot of other people did

532

00:21:43,590 --> 00:21:41,259

and that's means something not everyone

533

00:21:45,389 --> 00:21:43,600

I think is intended to have the same

534

00:21:48,229 --> 00:21:45,399

experience at the same time but the

535

00:21:53,399 --> 00:21:48,239

story that about Amma that I love is

536

00:21:55,889 --> 00:21:53,409

Amma is tireless in her work you just go

537

00:21:58,739 --> 00:21:55,899

see her and however old she is I don't

538

00:22:00,839 --> 00:21:58,749

know how her physical body withstands

539

00:22:02,669 --> 00:22:00,849

the work that she does and on the last

540

00:22:03,600 --> 00:22:02,679

day she stays up for like 36 hours

541

00:22:05,610 --> 00:22:03,610

kant's

542

00:22:07,560 --> 00:22:05,620

like hugging people helping people doing

543

00:22:09,240 --> 00:22:07,570

all this stuff and when she's in India

544

00:22:11,010 --> 00:22:09,250

if you watch the videos it's even more

545

00:22:13,140 --> 00:22:11,020

impressive she's out there digging

546

00:22:16,320 --> 00:22:13,150

latrines with the untouchables and all

547

00:22:18,960 --> 00:22:16,330

this stuff and one of her disciples went

548

00:22:22,440 --> 00:22:18,970

up to her one day and said I'm on you

549

00:22:24,930 --> 00:22:22,450

you're always talking about how the

550

00:22:27,210 --> 00:22:24,940

world doesn't exist in there were

551  
00:22:27,810 --> 00:22:27,220  
spiritual beings and none of this stuff

552  
00:22:30,390 --> 00:22:27,820  
matters

553  
00:22:33,540 --> 00:22:30,400  
and yet you're doing all this stuff for

554  
00:22:34,740 --> 00:22:33,550  
the world and her response is what I've

555  
00:22:39,900 --> 00:22:34,750  
written there on the page

556  
00:22:43,740 --> 00:22:39,910  
she says world what world as if she's

557  
00:22:47,070 --> 00:22:43,750  
the embodiment of that kind of Vedantic

558  
00:22:50,670 --> 00:22:47,080  
yogic kind of beautiful contradiction of

559  
00:22:53,730 --> 00:22:50,680  
someone who realizes that you know just

560  
00:22:55,920 --> 00:22:53,740  
because you're in service doesn't mean

561  
00:22:59,130 --> 00:22:55,930  
you're attached at all to any of the

562  
00:23:02,250 --> 00:22:59,140  
service you're just this soul being

563  
00:23:05,640 --> 00:23:02,260

who's kind of going through life that is

564

00:23:09,240 --> 00:23:05,650

that paradox that catch-22 world what

565

00:23:12,810 --> 00:23:09,250

world contradiction to me explains the

566

00:23:15,810 --> 00:23:12,820

back door materialism but Dean Radin

567

00:23:18,630 --> 00:23:15,820

doesn't impair using new empirical means

568

00:23:21,600 --> 00:23:18,640

to find out you know how magic really

569

00:23:26,910 --> 00:23:21,610

works that doesn't that doesn't ring

570

00:23:29,840 --> 00:23:26,920

true to me in a way that Alma does bill

571

00:23:32,640 --> 00:23:29,850

I throw it to you buddy what do you say

572

00:23:34,260 --> 00:23:32,650

yeah well it's divine economy life is

573

00:23:35,700 --> 00:23:34,270

full of divine and economies isn't it

574

00:23:37,860 --> 00:23:35,710

that's the main true series that I've

575

00:23:40,620 --> 00:23:37,870

talked about it's fun so the big paradox

576

00:23:44,070 --> 00:23:40,630

in many many ways for example how can we

577

00:23:46,740 --> 00:23:44,080

have one thing but also two things so

578

00:23:48,720 --> 00:23:46,750

many you know this monastic view on life

579

00:23:50,760 --> 00:23:48,730

there is only one thing which is Palace

580

00:23:53,790 --> 00:23:50,770

or the New Age sort of appropriation

581

00:23:55,350 --> 00:23:53,800

stuff but but also has duality work with

582

00:23:57,360 --> 00:23:55,360

that and I just look at as simply is

583

00:23:58,530 --> 00:23:57,370

okay well there's look at it as mass you

584

00:24:00,240 --> 00:23:58,540

got different numbers which are

585

00:24:02,190 --> 00:24:00,250

individual numbers on the mathematical

586

00:24:04,050 --> 00:24:02,200

spectrum the mathematical spectrum is

587

00:24:06,510 --> 00:24:04,060

the one thing each number is the truth

588

00:24:09,060 --> 00:24:06,520

so zero one is your first step to ality

589

00:24:11,880 --> 00:24:09,070

and then it continues so but look I I

590

00:24:13,830 --> 00:24:11,890

appreciate her and her choice in terms

591

00:24:16,570 --> 00:24:13,840

of how she wants to provide that capital

592

00:24:18,549 --> 00:24:16,580

less service as fantastic I learned a

593

00:24:21,130 --> 00:24:18,559

long time ago to provide that uppercuse

594

00:24:22,630 --> 00:24:21,140

s service to myself first and foremost

595

00:24:25,330 --> 00:24:22,640

that spiritual service I really

596

00:24:27,850 --> 00:24:25,340

genuinely look at what it means to be an

597

00:24:29,350 --> 00:24:27,860

authentic person and care for myself go

598

00:24:32,019 --> 00:24:29,360

through the self healing go through

599

00:24:33,430 --> 00:24:32,029

whatever sort of magic of life you can

600

00:24:35,799 --> 00:24:33,440

experience but I only live in this life

601  
00:24:37,810 --> 00:24:35,809  
once I like so as you know we may as

602  
00:24:39,789 --> 00:24:37,820  
well have a cracker and then really

603  
00:24:42,519 --> 00:24:39,799  
enjoy it but really live it you know

604  
00:24:45,009 --> 00:24:42,529  
facilitate the best sort of experience

605  
00:24:47,769 --> 00:24:45,019  
of well-being of good experience that we

606  
00:24:50,139 --> 00:24:47,779  
possibly can but I would like I would

607  
00:24:51,549 --> 00:24:50,149  
suggest you know especially myself but

608  
00:24:55,080 --> 00:24:51,559  
also others that we need to have some

609  
00:24:57,700 --> 00:24:55,090  
sort of balance okay fine she wants to

610  
00:24:59,440 --> 00:24:57,710  
decide that there is no world I would

611  
00:25:01,060 --> 00:24:59,450  
sort of disagree with that I would say

612  
00:25:03,250 --> 00:25:01,070  
there is a wall okay it might be

613  
00:25:04,120 --> 00:25:03,260

deceptive in terms of the fundamental

614

00:25:06,759 --> 00:25:04,130

nature of reality

615

00:25:09,009 --> 00:25:06,769

but we're literally having this jewelers

616

00:25:10,779 --> 00:25:09,019

experience the way I describe that is

617

00:25:12,159 --> 00:25:10,789

there's some people you know the

618

00:25:15,220 --> 00:25:12,169

spiritual community essentially says

619

00:25:17,620 --> 00:25:15,230

that consciousness or mind or spirit is

620

00:25:19,810 --> 00:25:17,630

at the core of reality and then the

621

00:25:21,279 --> 00:25:19,820

material world is some sort of illusion

622

00:25:24,129 --> 00:25:21,289

and I would suggest that a guy is

623

00:25:27,129 --> 00:25:24,139

deceptive and it's not necessarily the

624

00:25:29,169 --> 00:25:27,139

you know a pure expression of what

625

00:25:31,120 --> 00:25:29,179

reality is but it's still an experience

626  
00:25:34,360 --> 00:25:31,130  
we're having and so if you want to spend

627  
00:25:36,220 --> 00:25:34,370  
your life only giving to others and not

628  
00:25:38,440 --> 00:25:36,230  
really to yourself or giving to others

629  
00:25:40,240 --> 00:25:38,450  
is a expression or given to self as well

630  
00:25:42,700 --> 00:25:40,250  
anyway so there's a great argument there

631  
00:25:45,549 --> 00:25:42,710  
that I'd like to experience my life I'm

632  
00:25:47,620 --> 00:25:45,559  
not going to invest all of my service in

633  
00:25:49,509 --> 00:25:47,630  
in the outside world I'm gonna do it

634  
00:25:51,370 --> 00:25:49,519  
after for myself including having some

635  
00:25:53,259 --> 00:25:51,380  
fun you know really live my life to the

636  
00:25:56,139 --> 00:25:53,269  
best you know best of my ability work

637  
00:25:59,080 --> 00:25:56,149  
out all these layers which is a big part

638  
00:26:01,180 --> 00:25:59,090

of what I've been sort of sharing with

639

00:26:02,830 --> 00:26:01,190

my audiences really connecting with the

640

00:26:04,750 --> 00:26:02,840

various layers of health including

641

00:26:06,879 --> 00:26:04,760

things like creativity and expression

642

00:26:09,639 --> 00:26:06,889

that creativity in going on adventures

643

00:26:11,379 --> 00:26:09,649

and you know whatever face your fears

644

00:26:13,600 --> 00:26:11,389

jump out of a paint doesn't sort of mana

645

00:26:15,940 --> 00:26:13,610

so that's her choice around how she

646

00:26:17,710 --> 00:26:15,950

wants to conceptualize life she

647

00:26:20,200 --> 00:26:17,720

conceptualizes is what world

648

00:26:21,759 --> 00:26:20,210

okay sure on one level I believe that is

649

00:26:23,680 --> 00:26:21,769

actually true but on another level I'm

650

00:26:26,480 --> 00:26:23,690

literally having experience right now

651

00:26:28,580 --> 00:26:26,490

the in this so called a loser

652

00:26:31,040 --> 00:26:28,590

and Amaya's will enjoy it it's a very

653

00:26:33,830 --> 00:26:31,050

very real experience regardless it is

654

00:26:37,760 --> 00:26:33,840

not a very very real reflection of true

655

00:26:40,250 --> 00:26:37,770

reality you know I really like where

656

00:26:43,100 --> 00:26:40,260

we're going with this discussion because

657

00:26:46,790 --> 00:26:43,110

it's a discussion that I really have a

658

00:26:49,430 --> 00:26:46,800

chance to have on skeptic oh and I like

659

00:26:51,680 --> 00:26:49,440

that the way it's kind of flowing is

660

00:26:54,130 --> 00:26:51,690

really consistent with the two things

661

00:26:59,660 --> 00:26:54,140

you brought up at the beginning is

662

00:27:01,940 --> 00:26:59,670

spirituality and truth and I think what

663

00:27:03,410 --> 00:27:01,950

you're talking about is kind of a cool

664

00:27:05,780 --> 00:27:03,420

way of putting it I like that you just

665

00:27:08,030 --> 00:27:05,790

kind of push back and and the way you're

666

00:27:10,760 --> 00:27:08,040

pushing back makes sense and I think

667

00:27:13,730 --> 00:27:10,770

will make sense to a lot of people but

668

00:27:15,380 --> 00:27:13,740

along those lines I want to take it one

669

00:27:18,560 --> 00:27:15,390

step further because there's another

670

00:27:22,790 --> 00:27:18,570

clip that I want to play for you that is

671

00:27:25,010 --> 00:27:22,800

kind of provocative but is highly

672

00:27:28,850 --> 00:27:25,020

meaningful to me and I want to

673

00:27:34,070 --> 00:27:28,860

reintroduce it and see if we can talk on

674

00:27:38,050 --> 00:27:34,080

this for a while so next next up for

675

00:27:41,600 --> 00:27:38,060

consideration Phil is another bat gap

676

00:27:43,990 --> 00:27:41,610

guest a guy that I'm sure slipped

677

00:27:46,400 --> 00:27:44,000

through the slipped under the radar for

678

00:27:49,400 --> 00:27:46,410

90% of the people who listen to bat gap

679

00:27:51,770 --> 00:27:49,410

but it's a guy who said something that

680

00:27:54,050 --> 00:27:51,780

just has stuck with me and has been so

681

00:27:57,350 --> 00:27:54,060

meaningful to me it's in my list of

682

00:27:59,630 --> 00:27:57,360

daily questions that I ask and challenge

683

00:28:02,660 --> 00:27:59,640

myself with to kind of propel me forward

684

00:28:05,590 --> 00:28:02,670

the guy's name is Nuria Khushi he's a

685

00:28:08,150 --> 00:28:05,600

Japanese truck driver he's American but

686

00:28:11,170 --> 00:28:08,160

Japanese by ancestry and he's a truck

687

00:28:14,270 --> 00:28:11,180

driver really is a truck driver and his

688

00:28:16,340 --> 00:28:14,280

experience and you got to give Rick

689

00:28:17,450 --> 00:28:16,350

Archer again a ton of credit cuz true to

690

00:28:20,660 --> 00:28:17,460

the name of the show Buddha at the gas

691

00:28:22,400 --> 00:28:20,670

pumps suggests that Buddha may be right

692

00:28:25,970 --> 00:28:22,410

there you know fill it up with diesel

693

00:28:29,570 --> 00:28:25,980

the truck stop this guy claims he never

694

00:28:33,260 --> 00:28:29,580

was into meditation never was into you

695

00:28:35,660 --> 00:28:33,270

know deep kind of spiritual devotion of

696

00:28:37,820 --> 00:28:35,670

any kind or another but was

697

00:28:39,890 --> 00:28:37,830

contemplating these deep questions on

698

00:28:40,340 --> 00:28:39,900

the road and thinking very deeply about

699

00:28:42,169 --> 00:28:40,350

him

700

00:28:44,750 --> 00:28:42,179

and the one thing that he said which I

701  
00:28:46,520 --> 00:28:44,760  
just think is a golden golden nugget I'm

702  
00:28:52,310 --> 00:28:46,530  
gonna play for you and then we can talk

703  
00:28:55,909 --> 00:28:52,320  
about it the words came up here they

704  
00:28:58,940 --> 00:28:55,919  
said life is not going to turn out and

705  
00:29:02,870 --> 00:28:58,950  
I'm gonna stop it right there in order

706  
00:29:04,669 --> 00:29:02,880  
to keep it beautifully succinct and I

707  
00:29:08,299 --> 00:29:04,679  
want to expound on it a little bit

708  
00:29:10,490 --> 00:29:08,309  
because it's one of those things that I

709  
00:29:12,770 --> 00:29:10,500  
think is so great in the truth-seeking

710  
00:29:15,380 --> 00:29:12,780  
path that we're talking about in the

711  
00:29:17,630 --> 00:29:15,390  
spiritual seeking path that someone can

712  
00:29:21,230 --> 00:29:17,640  
say one little throwaway line like that

713  
00:29:22,909 --> 00:29:21,240

and it can reach into my soul and touch

714

00:29:25,430 --> 00:29:22,919

me and it doesn't reach into everybody's

715

00:29:29,870 --> 00:29:25,440

soul but it reaches into my soul and it

716

00:29:32,690 --> 00:29:29,880

says you know I'm a doer I make things

717

00:29:34,970 --> 00:29:32,700

happen and I'm successful and I have a

718

00:29:36,740 --> 00:29:34,980

good family and a wife and all this

719

00:29:39,620 --> 00:29:36,750

stuff and I made it happen

720

00:29:42,770 --> 00:29:39,630

and you know what it's not gonna work

721

00:29:45,919 --> 00:29:42,780

out it never works out something is

722

00:29:49,669 --> 00:29:45,929

always looming that isn't gonna work out

723

00:29:53,180 --> 00:29:49,679

and it truly from a deeper I get into my

724

00:29:55,820 --> 00:29:53,190

spirituality the deeper I understand the

725

00:29:58,430 --> 00:29:55,830

fundamental truth in that that I want to

726

00:30:01,250 --> 00:29:58,440

control things I want to scheme I want

727

00:30:03,080 --> 00:30:01,260

to even if it's good scheming I want you

728

00:30:05,270 --> 00:30:03,090

know to scheme on the behalf of my kids

729

00:30:08,330 --> 00:30:05,280

or on behalf of this group of that group

730

00:30:11,539 --> 00:30:08,340

and in the end none of the scheming ever

731

00:30:15,230 --> 00:30:11,549

works out because that's not what

732

00:30:17,990 --> 00:30:15,240

service is about that's not what what

733

00:30:20,450 --> 00:30:18,000

world is about she's saying the same

734

00:30:23,570 --> 00:30:20,460

thing she's saying I'm just doing this

735

00:30:26,270 --> 00:30:23,580

crazy [h\_\_\h] cuz I'm doing it not because

736

00:30:31,760 --> 00:30:26,280

I think it's gonna work out it's just

737

00:30:34,880 --> 00:30:31,770

what I am drawn to do at the moment okay

738

00:30:37,399 --> 00:30:34,890

mate I throw it all I toss it over to

739

00:30:41,299 --> 00:30:37,409

you that's that a lot gonna tempted it

740

00:30:43,100 --> 00:30:41,309

all the accent that might as well I got

741

00:30:45,470 --> 00:30:43,110

halfway into it and then I said I'll

742

00:30:47,810 --> 00:30:45,480

stick with the Chicago but I'll use the

743

00:30:49,610 --> 00:30:47,820

the mate hey you know all us Americans

744

00:30:51,049 --> 00:30:49,620

we love when someone calls us mate it's

745

00:30:53,690 --> 00:30:51,059

like the greatest thing in the world you

746

00:30:54,080 --> 00:30:53,700

know that's a very endearing time but

747

00:30:56,690 --> 00:30:54,090

yeah

748

00:30:58,460 --> 00:30:56,700

life doesn't work out as we expect sure

749

00:31:00,080 --> 00:30:58,470

because we've got once that don't align

750

00:31:02,960 --> 00:31:00,090

with needs that's the way I'll sort of

751

00:31:05,210 --> 00:31:02,970

conceptualize it very early on I was

752

00:31:07,910 --> 00:31:05,220

going okay but this is always but my

753

00:31:09,740 --> 00:31:07,920

desires aren't work coming to fruition a

754

00:31:11,950 --> 00:31:09,750

lot of the time a lot of the time they

755

00:31:14,720 --> 00:31:11,960

do I think we are very powerful

756

00:31:18,590 --> 00:31:14,730

co-creators in our reality our potential

757

00:31:21,350 --> 00:31:18,600

to manifest our potential so the the

758

00:31:24,350 --> 00:31:21,360

potential we have as manifested in our

759

00:31:26,180 --> 00:31:24,360

experience is very very strong how I

760

00:31:27,770 --> 00:31:26,190

learned it learn to figure it out myself

761

00:31:30,560 --> 00:31:27,780

is set up because the subconscious

762

00:31:32,840 --> 00:31:30,570

activity at the subconscious is one of

763

00:31:34,790 --> 00:31:32,850

the most powerful manifestos more so

764

00:31:36,350 --> 00:31:34,800

than the ego it might at least then I

765

00:31:41,090 --> 00:31:36,360

need to connect with my what's going on

766

00:31:44,270 --> 00:31:41,100

subconsciously to really amplify my

767

00:31:46,910 --> 00:31:44,280

manifest manifest a potential so to

768

00:31:48,050 --> 00:31:46,920

speak that also goes the blueprint etc

769

00:31:50,540 --> 00:31:48,060

as well which I'll talk about in a

770

00:31:52,580 --> 00:31:50,550

little bit but essentially some things

771

00:31:54,470 --> 00:31:52,590

do work out and then it's great we

772

00:31:58,330 --> 00:31:54,480

achieve goals whatever it may be

773

00:32:00,680 --> 00:31:58,340

sometimes we don't this is in a sort of

774

00:32:02,750 --> 00:32:00,690

conflict that we all are sort of

775

00:32:04,880 --> 00:32:02,760

experiencing where we're trying to

776

00:32:08,390 --> 00:32:04,890

achieve whatever it may be whatever

777

00:32:11,480 --> 00:32:08,400

goals and whatnot and again it doesn't

778

00:32:13,670 --> 00:32:11,490

turn out sometimes so I guess what I'm

779

00:32:15,860 --> 00:32:13,680

saying is that well I'd like to start

780

00:32:17,390 --> 00:32:15,870

off with that answer in terms of

781

00:32:19,670 --> 00:32:17,400

something you said before you said about

782

00:32:22,220 --> 00:32:19,680

instead awakening instead of awaken and

783

00:32:24,440 --> 00:32:22,230

I think it's really integral that as a

784

00:32:26,150 --> 00:32:24,450

seeker of truth you know undertaking

785

00:32:28,160 --> 00:32:26,160

this process of trying to work out what

786

00:32:30,200 --> 00:32:28,170

the hell's going on is that we aren't we

787

00:32:32,180 --> 00:32:30,210

really embed into us that it's a journey

788

00:32:36,200 --> 00:32:32,190

we need to ask the questions we're so

789

00:32:38,000 --> 00:32:36,210

seriously do we accept when we're wrong

790

00:32:39,920 --> 00:32:38,010

Oh what is our capacity to actually

791

00:32:41,510 --> 00:32:39,930

accept within us when we've been wrong

792

00:32:43,430 --> 00:32:41,520

about something do we apply called near

793

00:32:44,840 --> 00:32:43,440

distance or are we open enough to

794

00:32:47,120 --> 00:32:44,850

receive near information in a way to

795

00:32:48,590 --> 00:32:47,130

revolutionize our belief systems or you

796

00:32:51,200 --> 00:32:48,600

know just certain beliefs within them

797

00:32:53,780 --> 00:32:51,210

the other question is do we really

798

00:32:55,340 --> 00:32:53,790

accept when we don't know so there's a

799

00:32:57,020 --> 00:32:55,350

very very important question that we

800

00:32:59,600 --> 00:32:57,030

need to embrace within ourselves do we

801

00:33:00,800 --> 00:32:59,610

fill gaps even on an unconscious or

802

00:33:04,010 --> 00:33:00,810

subconscious level that we're not really

803

00:33:06,950 --> 00:33:04,020

aware or are we facing ourselves faced

804

00:33:07,890 --> 00:33:06,960

thyself in a way where a genuine in

805

00:33:10,140 --> 00:33:07,900

terms of we

806

00:33:12,030 --> 00:33:10,150

wrong about something and we seriously

807

00:33:14,460 --> 00:33:12,040

don't know the answer to it so this is a

808

00:33:16,050 --> 00:33:14,470

journey of waking up not by alright

809

00:33:17,940 --> 00:33:16,060

we've reached a plateau I'm now

810

00:33:19,560 --> 00:33:17,950

conscious I'm now awakened or

811

00:33:21,900 --> 00:33:19,570

enlightened or empowered or whatever

812

00:33:24,240 --> 00:33:21,910

that some people like to get to

813

00:33:26,010 --> 00:33:24,250

I prefer personally because you know I

814

00:33:27,720 --> 00:33:26,020

don't want I get bored pretty quickly so

815

00:33:29,310 --> 00:33:27,730

if I've got to do with myself the way I

816

00:33:31,950 --> 00:33:29,320

am right now for the rest of my life I'm

817

00:33:33,990 --> 00:33:31,960

gonna be pretty disappointed I need to

818

00:33:35,550 --> 00:33:34,000

revolutionize and have reverse in my

819

00:33:37,350 --> 00:33:35,560

life and continue on this journey so

820

00:33:39,840 --> 00:33:37,360

that's a really good starting point in

821

00:33:40,980 --> 00:33:39,850

terms of connecting with what the

822

00:33:43,410 --> 00:33:40,990

process that we're actually going

823

00:33:45,480 --> 00:33:43,420

through now through that process we want

824

00:33:49,350 --> 00:33:45,490

to try and create stuff we want to have

825

00:33:52,530 --> 00:33:49,360

desires Maps we want to add it's sort of

826

00:33:54,420 --> 00:33:52,540

interesting ensure that our expectations

827

00:33:58,200 --> 00:33:54,430

come into manifestation to a certain

828

00:34:00,450 --> 00:33:58,210

degree I realize much early quite early

829

00:34:02,220 --> 00:34:00,460

on my journey that I had these wants

830

00:34:02,850 --> 00:34:02,230

these desires that weren't connected to

831

00:34:05,700 --> 00:34:02,860

my needs

832

00:34:07,530 --> 00:34:05,710

so what I did is I undertook a process

833

00:34:10,110 --> 00:34:07,540

of trying to align my needs

834

00:34:11,730 --> 00:34:10,120

with my wants so how do you work out

835

00:34:13,740 --> 00:34:11,740

what your needs are you paid attention

836

00:34:16,740 --> 00:34:13,750

to experience the way I like to describe

837

00:34:18,450 --> 00:34:16,750

this Alex is one of the most powerful

838

00:34:20,310 --> 00:34:18,460

manifested in my life was not my

839

00:34:22,710 --> 00:34:20,320

subconscious and not my ego was

840

00:34:24,330 --> 00:34:22,720

something else whatever created me in

841

00:34:26,130 --> 00:34:24,340

this particular time and space with

842

00:34:28,200 --> 00:34:26,140

these parents with this unity to these

843

00:34:30,870 --> 00:34:28,210

epigenetic experiences with Israeli

844

00:34:33,680 --> 00:34:30,880

stuff that sort of influenced how I was

845

00:34:36,120 --> 00:34:33,690

programmed into reality that blueprint

846

00:34:37,320 --> 00:34:36,130

which some people call the soul other

847

00:34:39,090 --> 00:34:37,330

people might just call it growth

848

00:34:40,860 --> 00:34:39,100

potential there's many ways of

849

00:34:43,230 --> 00:34:40,870

describing whatever this thing is right

850

00:34:45,389 --> 00:34:43,240

at the very fundamental layer of us as

851

00:34:47,310 --> 00:34:45,399

and then there's also that in it

852

00:34:49,860 --> 00:34:47,320

connects with the whole co-creative

853

00:34:51,630 --> 00:34:49,870

collective type conscious sort of greed

854

00:34:54,780 --> 00:34:51,640

energy group that we've got going on as

855

00:34:56,820 --> 00:34:54,790

well but I've decided to pay attention

856

00:34:58,740 --> 00:34:56,830

to that because it was helping me I just

857

00:35:00,900 --> 00:34:58,750

saw this guidance in my life that went

858

00:35:02,730 --> 00:35:00,910

okay well I didn't create that that was

859

00:35:05,010 --> 00:35:02,740

definitely not subconscious because it's

860

00:35:06,720 --> 00:35:05,020

not part of my apparatus at that point

861

00:35:09,150 --> 00:35:06,730

so what I need to do is connect with

862

00:35:11,370 --> 00:35:09,160

this blueprint and this blueprint was

863

00:35:14,670 --> 00:35:11,380

showing me my needs essentially and the

864

00:35:18,750 --> 00:35:14,680

way I described is just my needs are my

865

00:35:20,610 --> 00:35:18,760

realizing my growth potential so in

866

00:35:21,359 --> 00:35:20,620

other words well that means it's

867

00:35:23,789 --> 00:35:21,369

connecting with the

868

00:35:25,890 --> 00:35:23,799

spays of the expansion of your

869

00:35:27,150 --> 00:35:25,900

experience of consciousness so that's

870

00:35:29,700 --> 00:35:27,160

what I took seriously I just went okay

871

00:35:32,220 --> 00:35:29,710

well I know my this blueprint which can

872

00:35:34,079 --> 00:35:32,230

be very tricky at times it can be very

873

00:35:37,890 --> 00:35:34,089

hard to discern whether or not that's

874

00:35:40,200 --> 00:35:37,900

that or something else but I did accept

875

00:35:42,359 --> 00:35:40,210

and respect its existence and started

876

00:35:44,759 --> 00:35:42,369

trying to align with it and so through

877

00:35:46,710 --> 00:35:44,769

that process I realized that all right

878

00:35:48,839 --> 00:35:46,720

so it's got some needs but those needs

879

00:35:51,150 --> 00:35:48,849

can be met in an infinite amount of ways

880

00:35:52,470 --> 00:35:51,160

they don't have to happen in this time

881

00:35:54,720 --> 00:35:52,480

of space with this particular person

882

00:35:56,789 --> 00:35:54,730

having this particular experience he

883

00:35:59,970 --> 00:35:56,799

needs him you met your growth potential

884

00:36:02,039 --> 00:35:59,980

can be met in myriad ways so therefore

885

00:36:04,200 --> 00:36:02,049

there's all there's the other aspect of

886

00:36:06,329 --> 00:36:04,210

the cord free will that can freely

887

00:36:08,579 --> 00:36:06,339

choose how to have your needs met so I

888

00:36:10,859 --> 00:36:08,589

just went okay well put down what you

889

00:36:13,170 --> 00:36:10,869

think he wants that's okay to have your

890

00:36:15,359 --> 00:36:13,180

desires fill let that roll to the best

891

00:36:17,220 --> 00:36:15,369

the ability but if they don't come to

892

00:36:19,049 --> 00:36:17,230

fruition if they are out of alignment

893

00:36:20,430 --> 00:36:19,059

would wherever these fundamental needs

894

00:36:23,039 --> 00:36:20,440

are and that's cool

895

00:36:25,079 --> 00:36:23,049

so I detached pretty early from actually

896

00:36:26,700 --> 00:36:25,089

having to achieve this with this

897

00:36:29,069 --> 00:36:26,710

particular time and all the rest of it

898

00:36:31,319 --> 00:36:29,079

that gave me a level of freedom that

899

00:36:33,630 --> 00:36:31,329

I've never actually had before now in

900

00:36:35,519 --> 00:36:33,640

saying that it's also awesome so when I

901  
00:36:37,710 --> 00:36:35,529  
actually create your reality to create

902  
00:36:39,089 --> 00:36:37,720  
whatever you want and so it's this

903  
00:36:41,220 --> 00:36:39,099  
balance between

904  
00:36:45,960 --> 00:36:41,230  
trying to come in to sort of align with

905  
00:36:48,229 --> 00:36:45,970  
your needs there are there is situations

906  
00:36:50,999 --> 00:36:48,239  
where your needs do not contradict with

907  
00:36:53,670 --> 00:36:51,009  
whatever your desires might be so to

908  
00:36:55,200 --> 00:36:53,680  
have I don't know a garden out the back

909  
00:36:57,359 --> 00:36:55,210  
with the particular arrangements of

910  
00:36:59,309 --> 00:36:57,369  
vegetables and fruits or whatever that

911  
00:37:00,989 --> 00:36:59,319  
might not necessarily line fundamental

912  
00:37:03,089 --> 00:37:00,999  
to the absolute needs that we have so

913  
00:37:04,529 --> 00:37:03,099

we've got the power to sort of create

914

00:37:06,599 --> 00:37:04,539

within that framework within those

915

00:37:09,180 --> 00:37:06,609

boundaries and I'd love to talk a little

916

00:37:11,910 --> 00:37:09,190

bit about boundaries in a bit but you

917

00:37:14,549 --> 00:37:11,920

know it's one of those things where are

918

00:37:16,620 --> 00:37:14,559

you truly your needs can you align your

919

00:37:18,390 --> 00:37:16,630

wants team needs are you going to be

920

00:37:21,239 --> 00:37:18,400

disappointed as their suffering is there

921

00:37:23,519 --> 00:37:21,249

a lack of realization of expectations

922

00:37:24,720 --> 00:37:23,529

yes well you're gonna cry about it is

923

00:37:27,509 --> 00:37:24,730

there going to be some something that

924

00:37:29,759 --> 00:37:27,519

causes you essentially abuse yourself

925

00:37:31,739 --> 00:37:29,769

over so you do you in focus off abuse

926

00:37:33,569 --> 00:37:31,749

self-harm over the fact that your

927

00:37:35,750 --> 00:37:33,579

desires aren't being met there's a whole

928

00:37:38,310 --> 00:37:35,760

process of dealing with this

929

00:37:40,620 --> 00:37:38,320

mr. e because really this is what it is

930

00:37:43,920 --> 00:37:40,630

we're talking about truth earlier if

931

00:37:45,030 --> 00:37:43,930

we're not getting to a point where if we

932

00:37:46,470 --> 00:37:45,040

get to a point where we think we know

933

00:37:48,120 --> 00:37:46,480

the absolute truth we probably need to

934

00:37:50,280 --> 00:37:48,130

go down the myth to the bottom amount

935

00:37:52,950 --> 00:37:50,290

and start again because this this whole

936

00:37:54,930 --> 00:37:52,960

experience is a journey of connecting

937

00:37:57,359 --> 00:37:54,940

with the truth now it's awesome that we

938

00:37:59,730 --> 00:37:57,369

get some really big convictions I sort

939

00:38:02,430 --> 00:37:59,740

of get some bigger frameworks in life do

940

00:38:04,980 --> 00:38:02,440

we absolutely submit and solidify our

941

00:38:07,410 --> 00:38:04,990

souls into those blue systems or are we

942

00:38:09,630 --> 00:38:07,420

open to that evolving and refining and

943

00:38:12,480 --> 00:38:09,640

whatever particular way so yeah look

944

00:38:16,920 --> 00:38:12,490

it's I appreciate that we don't get our

945

00:38:19,200 --> 00:38:16,930

needs at once all the time we can do it

946

00:38:21,900 --> 00:38:19,210

at certain times and enjoy the mystery

947

00:38:23,130 --> 00:38:21,910

enjoy the journey Alex you know Phil I

948

00:38:24,750 --> 00:38:23,140

was going to take it in one direction

949

00:38:27,300 --> 00:38:24,760

but now I'm going to take it in an

950

00:38:31,020 --> 00:38:27,310

entirely different direction because I

951  
00:38:33,630 --> 00:38:31,030  
got to say some of that New Age [h\_\_h]

952  
00:38:36,570 --> 00:38:33,640  
it just drives me nuts

953  
00:38:37,470 --> 00:38:36,580  
from the New Age people and from the

954  
00:38:41,490 --> 00:38:37,480  
magic people

955  
00:38:43,980 --> 00:38:41,500  
I mean I've manifested unbelievable [h\_\_h]

956  
00:38:47,099 --> 00:38:43,990  
in my life in terms of wealth in terms

957  
00:38:49,500 --> 00:38:47,109  
of relationships and in terms of all

958  
00:38:53,130 --> 00:38:49,510  
that and I didn't do it with no magic I

959  
00:38:55,500 --> 00:38:53,140  
didn't deal with no new age pyramids or

960  
00:38:55,890 --> 00:38:55,510  
any of that I did it the old-fashioned

961  
00:38:58,170 --> 00:38:55,900  
way

962  
00:39:01,050 --> 00:38:58,180  
I went out and read all the success

963  
00:39:03,300 --> 00:39:01,060

people that I could find and all the

964

00:39:05,250 --> 00:39:03,310

self-help people and you can call them

965

00:39:07,140 --> 00:39:05,260

magical people because all the magic

966

00:39:08,790 --> 00:39:07,150

community wants to go Oh Tony Robbins I

967

00:39:11,640 --> 00:39:08,800

went with Tony Robbins and walked on the

968

00:39:13,170 --> 00:39:11,650

fires and I went and read Stephen Covey

969

00:39:14,760 --> 00:39:13,180

and all that but they're not approaching

970

00:39:16,680 --> 00:39:14,770

him from a magic standpoint they're

971

00:39:19,410 --> 00:39:16,690

approaching it from you have an

972

00:39:22,710 --> 00:39:19,420

alignment problem between your beliefs

973

00:39:24,150 --> 00:39:22,720

your goals and your actions and here's

974

00:39:27,000 --> 00:39:24,160

how you need to make that stuff happen

975

00:39:29,970 --> 00:39:27,010

in order to manifest it there's nothing

976

00:39:33,359 --> 00:39:29,980

to age about it there's nothing magical

977

00:39:36,450 --> 00:39:33,369

about it and guys like this guys like

978

00:39:39,330 --> 00:39:36,460

Bill Gates guys like Warren Buffett who

979

00:39:41,310 --> 00:39:39,340

then the conspiratorial hump can be very

980

00:39:43,890 --> 00:39:41,320

conspiratorial but like I said I'm Craig

981

00:39:46,140 --> 00:39:43,900

Karl would /eo when I interviewed him

982

00:39:48,540 --> 00:39:46,150

and I went off on this rant that proudly

983

00:39:51,900 --> 00:39:48,550

no one got it's like Bill gay

984

00:39:53,520 --> 00:39:51,910

go read about Bill Gates yes he was a

985

00:39:56,040 --> 00:39:53,530

rich kid yes he was privileged

986

00:39:58,590 --> 00:39:56,050

yes his dad gave a huge leg up in terms

987

00:40:01,500 --> 00:39:58,600

of connections but it was by chance that

988

00:40:04,820 --> 00:40:01,510

he became the second richest guy in the

989

00:40:06,720 --> 00:40:04,830

world it was a very strange

990

00:40:08,160 --> 00:40:06,730

circumstances he would have been worth

991

00:40:08,700 --> 00:40:08,170

100 million dollars no matter how you

992

00:40:10,260 --> 00:40:08,710

cut it

993

00:40:11,940 --> 00:40:10,270

cuz he was brilliant and he hit the

994

00:40:13,440 --> 00:40:11,950

right thing at the right time but it

995

00:40:15,870 --> 00:40:13,450

wasn't anything else it wasn't anything

996

00:40:18,210 --> 00:40:15,880

magical Warren Buffett for God's sakes

997

00:40:20,490 --> 00:40:18,220

you can go see every damn transaction

998

00:40:23,760 --> 00:40:20,500

he's made it's all in the public record

999

00:40:27,510 --> 00:40:23,770

there can't be anything magical or

1000

00:40:30,390 --> 00:40:27,520

conspiratorial or secret society about a

1001  
00:40:31,950 --> 00:40:30,400  
guy who eats at McDonald's every day

1002  
00:40:34,110 --> 00:40:31,960  
even though he's worth billions of

1003  
00:40:36,930 --> 00:40:34,120  
dollars people have a fundamental

1004  
00:40:39,330 --> 00:40:36,940  
confusion about this if you want those

1005  
00:40:42,360 --> 00:40:39,340  
things the way to do them is not through

1006  
00:40:44,970 --> 00:40:42,370  
new ages stuff not through magical

1007  
00:40:48,120 --> 00:40:44,980  
practices just go down to the bookstore

1008  
00:40:50,460 --> 00:40:48,130  
and follow the masters the masters are

1009  
00:40:53,160 --> 00:40:50,470  
the guys who already have all the [h\_\_\h]

1010  
00:40:55,080 --> 00:40:53,170  
that you want go and do that whether

1011  
00:40:57,660 --> 00:40:55,090  
it's money or relationships but most

1012  
00:41:00,420 --> 00:40:57,670  
people especially guys you want money so

1013  
00:41:02,550 --> 00:41:00,430

you know go make that happen and then

1014

00:41:04,050 --> 00:41:02,560

come around later and you can talk all

1015

00:41:07,890 --> 00:41:04,060

the rest of this stuff but don't confuse

1016

00:41:11,670 --> 00:41:07,900

this you know the conglomeration of

1017

00:41:14,850 --> 00:41:11,680

these different ideas manifesting stuff

1018

00:41:17,430 --> 00:41:14,860

is different than the spiritual path

1019

00:41:21,210 --> 00:41:17,440

well let me stop before I go into too

1020

00:41:22,980 --> 00:41:21,220

much of a tirade continued I lied a lot

1021

00:41:25,860 --> 00:41:22,990

on the table tell me what you think

1022

00:41:27,510 --> 00:41:25,870

about that yeah you did Lyle element

1023

00:41:30,240 --> 00:41:27,520

tables there's a lot of time back I

1024

00:41:33,050 --> 00:41:30,250

agree with you some of the New Age has

1025

00:41:36,420 --> 00:41:33,060

been sort like this fundamentalist

1026

00:41:38,970 --> 00:41:36,430

individualism where this ellipsis point

1027

00:41:41,130 --> 00:41:38,980

of view sort of has crept into the New

1028

00:41:44,130 --> 00:41:41,140

Age of a lot of I've written extensively

1029

00:41:48,330 --> 00:41:44,140

about some of the problems with New Age

1030

00:41:51,350 --> 00:41:48,340

thought and belief and practice but look

1031

00:41:54,840 --> 00:41:51,360

New Age is a really big spectrum of

1032

00:41:57,360 --> 00:41:54,850

practice it's not just chaos demon magic

1033

00:41:59,610 --> 00:41:57,370

it's not just the you know sort of the

1034

00:42:01,230 --> 00:41:59,620

incorporation of the Gnostic path into

1035

00:42:06,380 --> 00:42:01,240

contemporary sort of

1036

00:42:08,280 --> 00:42:06,390

a contemporary approach there's also the

1037

00:42:09,990 --> 00:42:08,290

appropriation of all these different

1038

00:42:12,510 --> 00:42:10,000

religions and the cross-pollination

1039

00:42:13,950 --> 00:42:12,520

of all these religions and spiritual

1040

00:42:16,410 --> 00:42:13,960

practices so the New Age is quite a

1041

00:42:18,359 --> 00:42:16,420

large area it's essentially hold on hold

1042

00:42:20,370 --> 00:42:18,369

on let me let me jump in there what I'm

1043

00:42:22,859 --> 00:42:20,380

saying I want to be really precise I'm

1044

00:42:25,980 --> 00:42:22,869

saying that I see no evidence personal

1045

00:42:28,890 --> 00:42:25,990

evidence that it's efficacious in the

1046

00:42:31,410 --> 00:42:28,900

way that is suggested and it's clear to

1047

00:42:34,320 --> 00:42:31,420

me clear as anything that what's much

1048

00:42:36,510 --> 00:42:34,330

more effective for manifesting the kind

1049

00:42:38,790 --> 00:42:36,520

of things that people say they want like

1050

00:42:40,620 --> 00:42:38,800

money it's much more effective just to

1051

00:42:42,450 --> 00:42:40,630

follow the people that have already

1052

00:42:45,750 --> 00:42:42,460

figured that out

1053

00:42:48,270 --> 00:42:45,760

I don't know why people go down them

1054

00:42:49,680 --> 00:42:48,280

Chaos magic route in order to get a new

1055

00:42:51,930 --> 00:42:49,690

apartment it just seems kind of

1056

00:42:54,030 --> 00:42:51,940

ridiculous to me or even a relationship

1057

00:42:56,340 --> 00:42:54,040

it's just what are you doing there's a

1058

00:42:58,530 --> 00:42:56,350

lot easier more effective way to do it

1059

00:43:00,420 --> 00:42:58,540

I'm not even sure that the cast magic

1060

00:43:02,310 --> 00:43:00,430

thing is effective but I know it's less

1061

00:43:04,920 --> 00:43:02,320

effective than this other one because I

1062

00:43:06,359 --> 00:43:04,930

can see all the people you go to one of

1063

00:43:07,890 --> 00:43:06,369

those seminars and you see all these

1064

00:43:10,050 --> 00:43:07,900

people are a millionaire's that weren't

1065

00:43:14,090 --> 00:43:10,060

millionaires before they're manifesting

1066

00:43:17,490 --> 00:43:14,100

in a very specific way yeah okay great

1067

00:43:18,630 --> 00:43:17,500

or certain extent I was gonna answer the

1068

00:43:20,160 --> 00:43:18,640

question I just wanted to frame it

1069

00:43:22,050 --> 00:43:20,170

within the New Age stuff there's a lot

1070

00:43:23,670 --> 00:43:22,060

of goodness that has come at new age and

1071

00:43:25,230 --> 00:43:23,680

there's not so much goodness which I've

1072

00:43:27,390 --> 00:43:25,240

tried to focus on and my writing was the

1073

00:43:29,070 --> 00:43:27,400

point I was trying to make now in terms

1074

00:43:32,460 --> 00:43:29,080

of magic it depends on your definition

1075

00:43:35,460 --> 00:43:32,470

Alex my definition is simply the

1076

00:43:38,220 --> 00:43:35,470

intention process so you putting in

1077

00:43:40,140 --> 00:43:38,230

intentions to create something that is

1078

00:43:42,870 --> 00:43:40,150

magic because there is an energetic

1079

00:43:44,580 --> 00:43:42,880

exchange with our environment and I wait

1080

00:43:46,740 --> 00:43:44,590

let me finish let me finish before your

1081

00:43:48,450 --> 00:43:46,750

buddy is really important you can look

1082

00:43:50,940 --> 00:43:48,460

at our connection with the environment

1083

00:43:53,280 --> 00:43:50,950

are simply ecological you can look at

1084

00:43:55,980 --> 00:43:53,290

for example bees and ants that act like

1085

00:43:57,260 --> 00:43:55,990

a colony humans are actually work they

1086

00:43:59,820 --> 00:43:57,270

work like that on that material

1087

00:44:01,710 --> 00:43:59,830

ecological level as well so there is an

1088

00:44:03,359 --> 00:44:01,720

innate in a connection with our

1089

00:44:05,250 --> 00:44:03,369

environment including on the planet

1090

00:44:06,990 --> 00:44:05,260

itself even if you just look it through

1091

00:44:09,060 --> 00:44:07,000

the material lens then you can look at

1092

00:44:11,070 --> 00:44:09,070

it through other top field staff to the

1093

00:44:12,859 --> 00:44:11,080

whatever informational exchange your

1094

00:44:14,490 --> 00:44:12,869

energetic exchanging the spirit

1095

00:44:15,750 --> 00:44:14,500

experience what

1096

00:44:18,900 --> 00:44:15,760

there's all these different layers of

1097

00:44:20,910 --> 00:44:18,910

interconnection right so that we can at

1098

00:44:23,340 --> 00:44:20,920

least establish that even just looking

1099

00:44:25,770 --> 00:44:23,350

at the entanglement with quantum physics

1100

00:44:27,930 --> 00:44:25,780

all right so what that means is that the

1101  
00:44:29,850 --> 00:44:27,940  
way that we design our minds the way

1102  
00:44:32,070 --> 00:44:29,860  
that we put intentions out into the

1103  
00:44:34,200 --> 00:44:32,080  
world and intentions into our body and

1104  
00:44:36,720 --> 00:44:34,210  
translate those intentions into

1105  
00:44:38,130 --> 00:44:36,730  
behaviors that is a magical process

1106  
00:44:42,420 --> 00:44:38,140  
because what you're doing is you're

1107  
00:44:45,750 --> 00:44:42,430  
increasing the likelihood of a problem

1108  
00:44:49,470 --> 00:44:45,760  
what you want to come into manifestation

1109  
00:44:51,660 --> 00:44:49,480  
so you Mitchell buddy Gordon Wyatt he

1110  
00:44:55,140 --> 00:44:51,670  
describes it as increasing probability

1111  
00:44:57,000 --> 00:44:55,150  
so his Chaos magic approach is

1112  
00:44:59,070 --> 00:44:57,010  
increasing probability to achieve these

1113  
00:45:01,320 --> 00:44:59,080

particular goals now we can do that with

1114

00:45:04,080 --> 00:45:01,330

this there's no specific way that we

1115

00:45:06,060 --> 00:45:04,090

have to literally you know try and

1116

00:45:07,590 --> 00:45:06,070

create our reality you can do it through

1117

00:45:10,320 --> 00:45:07,600

whatever use those soft thought

1118

00:45:12,810 --> 00:45:10,330

mechanisms by actual particular

1119

00:45:14,460 --> 00:45:12,820

discipline practice and networking on

1120

00:45:17,010 --> 00:45:14,470

whatever it is there's many ways that we

1121

00:45:19,170 --> 00:45:17,020

can try and create a reality sure that

1122

00:45:21,180 --> 00:45:19,180

might be a little bit airy for somebody

1123

00:45:24,000 --> 00:45:21,190

like you to think about Chaos magic

1124

00:45:26,010 --> 00:45:24,010

that's up to each individual you serving

1125

00:45:28,170 --> 00:45:26,020

what works to them and if it's important

1126

00:45:30,150 --> 00:45:28,180

you know if it I know if it works no

1127

00:45:31,350 --> 00:45:30,160

you're not understanding my point it's

1128

00:45:33,630 --> 00:45:31,360

not that it's Airy

1129

00:45:36,480 --> 00:45:33,640

I mean I come around to chaos magic now

1130

00:45:39,330 --> 00:45:36,490

and I understand it I just don't think

1131

00:45:41,310 --> 00:45:39,340

it's effective for anything that I want

1132

00:45:43,200 --> 00:45:41,320

in my life and again I come back and

1133

00:45:45,150 --> 00:45:43,210

I'll push on this I don't think it's

1134

00:45:48,270 --> 00:45:45,160

it's I don't see any evidence that it's

1135

00:45:52,590 --> 00:45:48,280

effective in general in the way that

1136

00:45:54,750 --> 00:45:52,600

have you taught it no no I well yeah of

1137

00:45:58,380 --> 00:45:54,760

course I tried it in the sense that that

1138

00:45:58,980 --> 00:45:58,390

we're all Manette's what see I pick and

1139

00:46:01,170 --> 00:45:58,990

choose

1140

00:46:04,350 --> 00:46:01,180

I love Gordon's work and I really

1141

00:46:06,930 --> 00:46:04,360

respect him but I don't go down yeah I

1142

00:46:09,210 --> 00:46:06,940

only read with about 40 percent of

1143

00:46:11,100 --> 00:46:09,220

anybody know at the most so Gordon's

1144

00:46:13,590 --> 00:46:11,110

great he's 40 percent he's great with

1145

00:46:17,880 --> 00:46:13,600

about 40 percent of myself Ali exactly

1146

00:46:19,770 --> 00:46:17,890

so so the reality the truth of what

1147

00:46:22,110 --> 00:46:19,780

Gordon points out is that hey we're all

1148

00:46:24,120 --> 00:46:22,120

practicing magic right all the time

1149

00:46:27,210 --> 00:46:24,130

right so I'm talking and that's my point

1150

00:46:28,440 --> 00:46:27,220

- well but there's kind of stretching

1151

00:46:30,450 --> 00:46:28,450

that point when you say

1152

00:46:34,860 --> 00:46:30,460

intentionality and all the rest of this

1153

00:46:37,790 --> 00:46:34,870

because I'm telling you Tony Robbins for

1154

00:46:42,180 --> 00:46:37,800

example he isn't teaching intentionality

1155

00:46:45,870 --> 00:46:42,190

he's teaching a very specific set of how

1156

00:46:48,600 --> 00:46:45,880

to reorient your thinking in a

1157

00:46:51,180 --> 00:46:48,610

particular way in order to make you more

1158

00:46:53,640 --> 00:46:51,190

effective if you go read Stephen Covey

1159

00:46:55,830 --> 00:46:53,650

who's now passed away who spiritually

1160

00:46:58,380 --> 00:46:55,840

was a Mormon and was kind of a strange

1161

00:47:00,360 --> 00:46:58,390

guy in all the ways that Mormons are but

1162

00:47:03,240 --> 00:47:00,370

was brilliant in terms of time

1163

00:47:06,210 --> 00:47:03,250

management in terms of work management

1164

00:47:08,490 --> 00:47:06,220

these people were geniuses and there's

1165

00:47:11,670 --> 00:47:08,500

many many I mean I read over 200

1166

00:47:13,950 --> 00:47:11,680

business self-help books go turn on you

1167

00:47:15,780 --> 00:47:13,960

know CNBC and watch Shark Tank which I

1168

00:47:17,130 --> 00:47:15,790

don't I can't even watch it I get so and

1169

00:47:19,620 --> 00:47:17,140

know I'd wanted to throw stuff at the TV

1170

00:47:23,040 --> 00:47:19,630

but the essential nature these people

1171

00:47:25,830 --> 00:47:23,050

are multimillionaires for a reason the

1172

00:47:28,880 --> 00:47:25,840

way they orient themselves to the world

1173

00:47:32,340 --> 00:47:28,890

to their problems to the problem of

1174

00:47:34,380 --> 00:47:32,350

amassing wealth is nothing to do with

1175

00:47:37,380 --> 00:47:34,390

caffeine chaos magic and they're

1176

00:47:40,320 --> 00:47:37,390

infinitely more effective than the

1177

00:47:44,490 --> 00:47:40,330

anything I've heard about from the chaos

1178

00:47:48,150 --> 00:47:44,500

magic community it's just it's it's not

1179

00:47:51,330 --> 00:47:48,160

even a reasonable conversation to have

1180

00:47:53,160 --> 00:47:51,340

so if you want to think do chaos magic

1181

00:47:59,340 --> 00:47:53,170

and think that you're adjusting the odds

1182

00:48:02,550 --> 00:47:59,350

from 55 from 50 52 49 51 have at it

1183

00:48:06,600 --> 00:48:02,560

but if you want to amass some wealth

1184

00:48:08,400 --> 00:48:06,610

just go go read from the people who've

1185

00:48:11,790 --> 00:48:08,410

done it and are gonna tell you how to do

1186

00:48:13,080 --> 00:48:11,800

it it's a much more effective way as I

1187

00:48:14,730 --> 00:48:13,090

said I think we've got iron wire

1188

00:48:16,830 --> 00:48:14,740

practicing this I think there our

1189

00:48:18,270 --> 00:48:16,840

intentions are at the basis of China

1190

00:48:21,960 --> 00:48:18,280

Robin stop because it's a bad goal

1191

00:48:23,490 --> 00:48:21,970

sitting and I absolutely agree that we

1192

00:48:25,500 --> 00:48:23,500

don't know the material you don't know

1193

00:48:27,570 --> 00:48:25,510

the material you're been through it

1194

00:48:29,820 --> 00:48:27,580

right there's both to a certain extent I

1195

00:48:33,210 --> 00:48:29,830

have but not a large extent but surely

1196

00:48:35,730 --> 00:48:33,220

part of the primary sort of agenda is to

1197

00:48:40,400 --> 00:48:35,740

set goals is that correct and setting

1198

00:48:46,799 --> 00:48:43,469

you're kind of playing very fast and

1199

00:48:48,419 --> 00:48:46,809

loose with you know I mean let's not

1200

00:48:49,199 --> 00:48:48,429

even get into the whole Tony Robbins

1201

00:48:51,569 --> 00:48:49,209

thing but he started with

1202

00:48:54,120 --> 00:48:51,579

neuro-linguistic programming the Bandler

1203

00:48:58,380 --> 00:48:54,130

in Grindr who were psychologists who

1204

00:49:00,089 --> 00:48:58,390

were working with schizophrenic patients

1205

00:49:01,709 --> 00:49:00,099

and he was learning how to communicate

1206

00:49:03,769 --> 00:49:01,719

with them but he's incorporated a

1207

00:49:06,479 --> 00:49:03,779

million different things into it because

1208

00:49:08,969 --> 00:49:06,489

you know you know what what Tony Robbins

1209

00:49:13,529 --> 00:49:08,979

does which is brilliant and keeps it

1210

00:49:17,069 --> 00:49:13,539

fresh is he says very simply that what

1211

00:49:20,309 --> 00:49:17,079

he does is when he wants to master

1212

00:49:23,729 --> 00:49:20,319

something he goes and finds someone

1213

00:49:27,209 --> 00:49:23,739

who's mastered it and he asks them what

1214

00:49:29,579 --> 00:49:27,219

they believe about their mastery of it

1215

00:49:32,489 --> 00:49:29,589

and that's the genius move there it's

1216

00:49:35,099 --> 00:49:32,499

not how do you do it because if you go

1217

00:49:37,589 --> 00:49:35,109

ask somebody how do you ride a bike and

1218

00:49:40,499 --> 00:49:37,599

they're an expert bike rider they can't

1219

00:49:42,449 --> 00:49:40,509

tell you but if you go ask them hey how

1220

00:49:44,309 --> 00:49:42,459

do you master that corner they're

1221

00:49:47,849 --> 00:49:44,319

reliable to tell you something about how

1222

00:49:51,329 --> 00:49:47,859

they believe how they feel what their uh

1223

00:49:54,269 --> 00:49:51,339

what their their inner workings are and

1224

00:49:58,049 --> 00:49:54,279

that's what you need to get at but you

1225

00:50:00,359 --> 00:49:58,059

know again I've read literally I was

1226  
00:50:02,219 --> 00:50:00,369  
reading everything I could get my hands

1227  
00:50:03,779 --> 00:50:02,229  
on in terms of you know how to back in

1228  
00:50:05,249 --> 00:50:03,789  
the day you know how to print a business

1229  
00:50:07,529 --> 00:50:05,259  
card what it should say on the front on

1230  
00:50:08,969 --> 00:50:07,539  
the back how to present it how to do so

1231  
00:50:11,239 --> 00:50:08,979  
there's you know there's there's a lot

1232  
00:50:16,789 --> 00:50:11,249  
of stuff there it's not just

1233  
00:50:19,679 --> 00:50:16,799  
goal-setting no let me jump in look uh

1234  
00:50:21,569 --> 00:50:19,689  
when you move from a materialist

1235  
00:50:23,910 --> 00:50:21,579  
separateness biological meaningless

1236  
00:50:26,160 --> 00:50:23,920  
universe perspective endure some sort of

1237  
00:50:27,689 --> 00:50:26,170  
mind fool you know we're connected

1238  
00:50:28,380 --> 00:50:27,699

perspective you need to look through

1239

00:50:30,059 --> 00:50:28,390

different lens

1240

00:50:31,799 --> 00:50:30,069

either the way that you interpret and

1241

00:50:34,439 --> 00:50:31,809

process your environment and experience

1242

00:50:36,779 --> 00:50:34,449

needs to be done in a way where the

1243

00:50:39,390 --> 00:50:36,789

fundamental belief is connection alright

1244

00:50:41,459 --> 00:50:39,400

and so that that's a shift from either

1245

00:50:43,049 --> 00:50:41,469

we in the ego it's about reprogramming

1246

00:50:45,120 --> 00:50:43,059

the mind i do i will quickly get into

1247

00:50:46,979 --> 00:50:45,130

that reprogramming the subconscious you

1248

00:50:48,599 --> 00:50:46,989

know in a quick moment but the point

1249

00:50:50,819 --> 00:50:48,609

being is that how that manifests with

1250

00:50:52,529 --> 00:50:50,829

people how they choose to experience and

1251

00:50:53,669 --> 00:50:52,539

and have ritual and routine

1252

00:50:55,979 --> 00:50:53,679

and all the rest of it through that

1253

00:50:58,259 --> 00:50:55,989

so-called connective lens or any

1254

00:51:01,289 --> 00:50:58,269

connective lens is up to each individual

1255

00:51:03,599 --> 00:51:01,299

so alright so maybe the some of the most

1256

00:51:06,630 --> 00:51:03,609

wealthiest and successful people in the

1257

00:51:07,949 --> 00:51:06,640

world like that aren't necessarily you

1258

00:51:10,919 --> 00:51:07,959

know practicing something like chaos

1259

00:51:12,870 --> 00:51:10,929

magic but they you know the the that

1260

00:51:14,849 --> 00:51:12,880

doesn't mean that they're in complete

1261

00:51:15,929 --> 00:51:14,859

coherence with a embalmer just I mean

1262

00:51:17,279 --> 00:51:15,939

you have a look at what happens when

1263

00:51:18,630 --> 00:51:17,289

people get wealth and fame

1264

00:51:20,609 --> 00:51:18,640

it doesn't necessarily turn out that

1265

00:51:21,689 --> 00:51:20,619

great a lot of the time so just because

1266

00:51:23,549 --> 00:51:21,699

they've got that doesn't necessarily

1267

00:51:25,739 --> 00:51:23,559

mean they're you know a coherent

1268

00:51:29,039 --> 00:51:25,749

authentic pain someone like Tony Robbins

1269

00:51:30,630 --> 00:51:29,049

absolutely might and I 100% agree so

1270

00:51:32,969 --> 00:51:30,640

there are practices that people choose

1271

00:51:35,009 --> 00:51:32,979

to do that's the individual choice it

1272

00:51:36,989 --> 00:51:35,019

might work to a certain extent maybe

1273

00:51:38,939 --> 00:51:36,999

does increased probability sometimes

1274

00:51:40,349 --> 00:51:38,949

maybe not other times it depends if it

1275

00:51:42,299 --> 00:51:40,359

actually lines to the needs and the

1276

00:51:45,029 --> 00:51:42,309

blueprint that actually talked about

1277

00:51:47,099 --> 00:51:45,039

before i 100% believe through my own

1278

00:51:49,469 --> 00:51:47,109

experience that my blueprint has been in

1279

00:51:51,630 --> 00:51:49,479

the primary driver of my manifest

1280

00:51:53,459 --> 00:51:51,640

potential growth potential so therefore

1281

00:51:55,409 --> 00:51:53,469

i want to launch that now what you're

1282

00:51:58,259 --> 00:51:55,419

talking about is the the rearrangement

1283

00:52:00,209 --> 00:51:58,269

in all NLP the rearrangement of the the

1284

00:52:02,489 --> 00:52:00,219

egoic mind and the subconscious mind of

1285

00:52:04,109 --> 00:52:02,499

100% agree with because what I've got

1286

00:52:06,239 --> 00:52:04,119

two appointment I was in my you know

1287

00:52:08,370 --> 00:52:06,249

sort of early adulthood grows like okay

1288

00:52:11,159 --> 00:52:08,380

I've got this egoic perspective of

1289

00:52:14,459 --> 00:52:11,169

connection of we not just I but we as

1290

00:52:16,289 --> 00:52:14,469

well and and but I'm really depressed

1291

00:52:18,899 --> 00:52:16,299

and I've got all this subconscious

1292

00:52:20,699 --> 00:52:18,909

trauma and all this stuff if it's poor

1293

00:52:23,009 --> 00:52:20,709

programming that is getting in the way

1294

00:52:25,529 --> 00:52:23,019

of me enjoying my life to you know to

1295

00:52:27,809 --> 00:52:25,539

the little I could and not only that

1296

00:52:29,909 --> 00:52:27,819

it's undermining what I'm trying to

1297

00:52:32,729 --> 00:52:29,919

achieve with my ego at conscious free

1298

00:52:34,229 --> 00:52:32,739

world mind and so what I had to do is go

1299

00:52:36,179 --> 00:52:34,239

through a lot of meditation a lot of

1300

00:52:38,399 --> 00:52:36,189

deep meditation a lot of more fulness in

1301

00:52:40,499 --> 00:52:38,409

general in life a lot of facing this

1302

00:52:42,149 --> 00:52:40,509

shadow facing thyself really

1303

00:52:44,689 --> 00:52:42,159

understanding my contradictions and

1304

00:52:47,819 --> 00:52:44,699

hypocrisy and trying to rearrange

1305

00:52:49,349 --> 00:52:47,829

reprogram redesign my subconscious which

1306

00:52:51,689 --> 00:52:49,359

our subconscious layer is only

1307

00:52:53,429 --> 00:52:51,699

subconscious in each particular moment

1308

00:52:56,339 --> 00:52:53,439

like for example if I use the word now

1309

00:52:58,439 --> 00:52:56,349

right now that is my subconscious coming

1310

00:52:59,729 --> 00:52:58,449

into life so that it's always in the

1311

00:53:02,009 --> 00:52:59,739

show the subconscious but it's not

1312

00:53:03,719 --> 00:53:02,019

always as sorry it's sometimes in the

1313

00:53:06,239 --> 00:53:03,729

show but it's not always in the shadow

1314

00:53:06,510 --> 00:53:06,249

so how you actually learn to understand

1315

00:53:08,670 --> 00:53:06,520

what

1316

00:53:10,470 --> 00:53:08,680

subconscious is saying is how it

1317

00:53:12,450 --> 00:53:10,480

manifests in your actual thoughts the

1318

00:53:15,960 --> 00:53:12,460

actual conscious experience and then

1319

00:53:17,370 --> 00:53:15,970

repeating and then sort of in response

1320

00:53:19,050 --> 00:53:17,380

to that if it's not what's something

1321

00:53:21,570 --> 00:53:19,060

that you actually want for example if

1322

00:53:23,400 --> 00:53:21,580

you're you know being driven by trauma a

1323

00:53:25,650 --> 00:53:23,410

lot of your life and it causes anger and

1324

00:53:27,480 --> 00:53:25,660

sadness and whatnot whatever so you

1325

00:53:29,280 --> 00:53:27,490

might what you want to do is actually

1326

00:53:31,830 --> 00:53:29,290

recognize that within yourself and then

1327

00:53:34,890 --> 00:53:31,840

go back into the subconscious and resign

1328

00:53:36,420 --> 00:53:34,900

and in another way which is more

1329

00:53:38,490 --> 00:53:36,430

conducive to health and happiness and

1330

00:53:40,230 --> 00:53:38,500

well-being and all the rest so it's been

1331

00:53:42,060 --> 00:53:40,240

a huge amount of time doing that trying

1332

00:53:44,250 --> 00:53:42,070

to get more egoic mind and my

1333

00:53:46,410 --> 00:53:44,260

subconscious mind into some sort of

1334

00:53:47,070 --> 00:53:46,420

alignment and that alignment wasn't just

1335

00:53:48,990 --> 00:53:47,080

with each other

1336

00:53:50,430 --> 00:53:49,000

but also with disk or blueprint stuff

1337

00:53:52,290 --> 00:53:50,440

all this destin stuff whatever you want

1338

00:53:57,480 --> 00:53:52,300

to call it I know it sounds a bit

1339

00:54:00,180 --> 00:53:57,490

new-age but it's been absolutely without

1340

00:54:02,310 --> 00:54:00,190

a doubt a part of my experiences very

1341

00:54:04,650 --> 00:54:02,320

very clear to me earlier on that a lot

1342

00:54:07,440 --> 00:54:04,660

of this experiences having wasn't being

1343

00:54:10,020 --> 00:54:07,450

driven by myself so what I try to do is

1344

00:54:11,760 --> 00:54:10,030

try to align that egoic and subconscious

1345

00:54:14,070 --> 00:54:11,770

mind to that sort of blueprint

1346

00:54:15,840 --> 00:54:14,080

alright so sure there's there's really

1347

00:54:20,520 --> 00:54:15,850

good measures and ways in which we can

1348

00:54:23,190 --> 00:54:20,530

manifest reality that some people do it

1349

00:54:25,410 --> 00:54:23,200

in different ways to others know what is

1350

00:54:27,330 --> 00:54:25,420

it what is a lot guys as well good and

1351

00:54:29,040 --> 00:54:27,340

Walter have achievement in life Alex

1352

00:54:31,200 --> 00:54:29,050

this is another sort of lesson I learned

1353

00:54:34,250 --> 00:54:31,210

a long time ago is that yeah cool get a

1354

00:54:37,110 --> 00:54:34,260

good job have a good family you know

1355

00:54:38,940 --> 00:54:37,120

achieve whatever goals be the topic game

1356

00:54:40,530 --> 00:54:38,950

whatever field discipline you may be in

1357

00:54:43,080 --> 00:54:40,540

their good achievements they've got

1358

00:54:45,840 --> 00:54:43,090

successes but that's to me that wasn't

1359

00:54:48,090 --> 00:54:45,850

real success real success to me was

1360

00:54:49,680 --> 00:54:48,100

coming into coherence with myself so in

1361

00:54:51,510 --> 00:54:49,690

terms of my internal layers of health

1362

00:54:53,970 --> 00:54:51,520

actually understanding myself actually

1363

00:54:56,400 --> 00:54:53,980

being real and raw to myself and and

1364

00:54:59,130 --> 00:54:56,410

coming to some sort of equilibrium in my

1365

00:55:00,570 --> 00:54:59,140

moment so dealing with past traumas and

1366

00:55:03,180 --> 00:55:00,580

all the [h\_\_\h] from the past and sort

1367

00:55:06,690 --> 00:55:03,190

of sorting all that out in some sort of

1368

00:55:08,010 --> 00:55:06,700

ordered way so it's going to be a good

1369

00:55:10,770 --> 00:55:08,020

experience for me it's actually going to

1370

00:55:12,660 --> 00:55:10,780

help its design the way that actually

1371

00:55:18,490 --> 00:55:12,670

manifests exactly what I sort of would

1372

00:55:20,920 --> 00:55:18,500

prefer and and essentially being

1373

00:55:24,070 --> 00:55:20,930

yeah come it's actually being a healthy

1374

00:55:25,840 --> 00:55:24,080

and happy hour person and so coming to

1375

00:55:27,580 --> 00:55:25,850

the equilibrium in the moment and then

1376

00:55:29,560 --> 00:55:27,590

dealing with each moment as it comes

1377

00:55:32,650 --> 00:55:29,570

through in again that healthy and happy

1378

00:55:35,920 --> 00:55:32,660

framework filled just like last time

1379

00:55:39,820 --> 00:55:35,930

we've talked for an hour and we haven't

1380

00:55:42,670 --> 00:55:39,830

mentioned your book so Ill and I do want

1381

00:55:43,900 --> 00:55:42,680

to because like I told you Ill enjoyed

1382

00:55:47,440 --> 00:55:43,910

the book I thought it was really kind of

1383

00:55:50,020 --> 00:55:47,450

cool a page-turner it drew me in like

1384

00:55:52,390 --> 00:55:50,030

you like the author of this book who

1385

00:55:55,420 --> 00:55:52,400

admits he's not much into novels or

1386

00:55:58,120 --> 00:55:55,430

sci-fi but wrote a sci-fi novel and a

1387

00:56:00,760 --> 00:55:58,130

damn good one you know as we're moving

1388

00:56:02,950 --> 00:56:00,770

into wrapping this thing up tell people

1389

00:56:05,260 --> 00:56:02,960

about this book and I certainly hope

1390

00:56:08,290 --> 00:56:05,270

they pick it up I went and bought a copy

1391

00:56:10,810 --> 00:56:08,300

even though you sent me a copy because I

1392

00:56:13,090 --> 00:56:10,820

think we need to support this kind of

1393

00:56:15,460 --> 00:56:13,100

work it's a great book and it's pretty

1394

00:56:18,370 --> 00:56:15,470

cool so tell people about what you tried

1395

00:56:20,710 --> 00:56:18,380

to do here well I appreciate that I like

1396

00:56:22,420 --> 00:56:20,720

some really glad you enjoyed it it's as

1397

00:56:25,120 --> 00:56:22,430

you mentioned I'm not really into novels

1398

00:56:27,520 --> 00:56:25,130

or sci-fi or is it more of a thriller

1399

00:56:29,560 --> 00:56:27,530

and a fantasy it's a nonfiction fiction

1400

00:56:31,360 --> 00:56:29,570

on many levels as it's very hard to

1401

00:56:34,210 --> 00:56:31,370

label what this actual book is I've

1402

00:56:36,010 --> 00:56:34,220

tried to basically do a snapshot of what

1403

00:56:37,990 --> 00:56:36,020

it means to be human in Star the 21st

1404

00:56:42,400 --> 00:56:38,000

century so it's almost Britain is a

1405

00:56:44,230 --> 00:56:42,410

history book as in how sort of confusing

1406

00:56:46,540 --> 00:56:44,240

our current moment is and also what the

1407

00:56:48,790 --> 00:56:46,550

general dialog is and the questions is

1408

00:56:51,160 --> 00:56:48,800

true seeking all that sort of stuff but

1409

00:56:53,530 --> 00:56:51,170

I've just done having a fun and engaging

1410

00:56:56,950 --> 00:56:53,540

way war to the best of my ability that's

1411

00:57:00,340 --> 00:56:56,960

just a the the main character Gary he

1412

00:57:04,150 --> 00:57:00,350

goes into a virtual reality game at this

1413

00:57:06,250 --> 00:57:04,160

in the 2020 and virtual reality has been

1414

00:57:08,770 --> 00:57:06,260

evolved in terms of you step into

1415

00:57:11,560 --> 00:57:08,780

something like a float tank and there's

1416

00:57:13,630 --> 00:57:11,570

a frequency resonator so it's like high

1417

00:57:15,460 --> 00:57:13,640

frequency sound and magnetics which

1418

00:57:19,030 --> 00:57:15,470

basically attuned the consciousness of

1419

00:57:22,840 --> 00:57:19,040

the player to the software don't tell

1420

00:57:24,850 --> 00:57:22,850

them too much they need that's in the

1421

00:57:26,770 --> 00:57:24,860

first chapter so it's just that this is

1422

00:57:29,200 --> 00:57:26,780

the synopsis anyway so he gets lost in

1423

00:57:31,420 --> 00:57:29,210

this virtual reality game so questions

1424

00:57:33,130 --> 00:57:31,430

about the simulation theory about

1425

00:57:35,859 --> 00:57:33,140

that the nature of reality in general

1426  
00:57:37,750 --> 00:57:35,869  
work this intelligent intelligence

1427  
00:57:39,760 --> 00:57:37,760  
interaction that we have there's always

1428  
00:57:41,530 --> 00:57:39,770  
other there's always different cultural

1429  
00:57:44,910 --> 00:57:41,540  
lenses and individual lenses that people

1430  
00:57:46,930 --> 00:57:44,920  
experience these allegedly independent

1431  
00:57:49,540 --> 00:57:46,940  
intelligences such as spirits angels

1432  
00:57:51,160 --> 00:57:49,550  
demons aliens multi-dimensional beings

1433  
00:57:53,140 --> 00:57:51,170  
whatever has all these ways of

1434  
00:57:54,940 --> 00:57:53,150  
experiencing something some sort of

1435  
00:57:56,650 --> 00:57:54,950  
metaphysical or non-physical

1436  
00:57:59,170 --> 00:57:56,660  
intelligence outside of us all the

1437  
00:58:02,349 --> 00:57:59,180  
essence of life essentially or their

1438  
00:58:04,930 --> 00:58:02,359

other the essences of life like plants

1439

00:58:07,260 --> 00:58:04,940

and animals and and and beyond even into

1440

00:58:11,740 --> 00:58:07,270

this this extra dimensional realm and so

1441

00:58:15,160 --> 00:58:11,750

I discuss all that and and try and make

1442

00:58:17,620 --> 00:58:15,170

a try and design in a way that talks

1443

00:58:19,650 --> 00:58:17,630

about the whole package of what you

1444

00:58:22,210 --> 00:58:19,660

essentially do an or podcast which is

1445

00:58:23,410 --> 00:58:22,220

cautious what's going on in the

1446

00:58:25,630 --> 00:58:23,420

experience of cautiousness

1447

00:58:28,059 --> 00:58:25,640

what's going on with spirituality what's

1448

00:58:29,530 --> 00:58:28,069

going on in the conspiratorial world in

1449

00:58:31,089 --> 00:58:29,540

terms of how the system actually

1450

00:58:33,790 --> 00:58:31,099

operates and how we can potentially

1451

00:58:36,760 --> 00:58:33,800

design it to be more aligned to the

1452

00:58:41,010 --> 00:58:36,770

Justice of our future and and actually

1453

00:58:43,150 --> 00:58:41,020

have a bit of our honor ability and and

1454

00:58:46,240 --> 00:58:43,160

intelligence for how we actually move

1455

00:58:48,490 --> 00:58:46,250

forward yeah but it's also just a story

1456

00:58:52,359 --> 00:58:48,500

of love lust and life so lots of

1457

00:58:54,190 --> 00:58:52,369

swearing and lots of cheeky experiences

1458

00:58:56,470 --> 00:58:54,200

and as you mentioned it is a bit of a

1459

00:58:59,530 --> 00:58:56,480

page-turner because I try to pack as

1460

00:59:01,329 --> 00:58:59,540

much information so I could into it and

1461

00:59:02,650 --> 00:59:01,339

keep people really engaged so if you

1462

00:59:02,890 --> 00:59:02,660

interested yeah you can go check that

1463

00:59:07,359 --> 00:59:02,900

out

1464

00:59:08,829 --> 00:59:07,369

don't know where it came from I just sat

1465

00:59:11,890 --> 00:59:08,839

down and started writing it wasn't a

1466

00:59:14,500 --> 00:59:11,900

plan got it out in three weeks and then

1467

00:59:17,170 --> 00:59:14,510

just did some reading over a couple of

1468

00:59:19,990 --> 00:59:17,180

months self-published I'm definitely

1469

00:59:22,240 --> 00:59:20,000

looking at remarketing it of design and

1470

00:59:24,460 --> 00:59:22,250

you've cover for that I want to put on

1471

00:59:26,829 --> 00:59:24,470

it so I'm open to talking to publishers

1472

00:59:30,490 --> 00:59:26,839

and agents about that as well but yeah

1473

00:59:32,980 --> 00:59:30,500

really proud I guess that I was able to

1474

00:59:34,960 --> 00:59:32,990

put such a you know a cheeky little

1475

00:59:37,270 --> 00:59:34,970

piece together and share that with the

1476

00:59:39,130 --> 00:59:37,280

world yeah you should be proud you know

1477

00:59:39,700 --> 00:59:39,140

and as we were talking about at the

1478

00:59:42,470 --> 00:59:39,710

beginning

1479

00:59:45,109 --> 00:59:42,480

you ought to fill people in on you

1480

00:59:46,790 --> 00:59:45,119

plans because you've done some

1481

00:59:49,400 --> 00:59:46,800

podcasting you've done some pretty

1482

00:59:51,500 --> 00:59:49,410

impressive interviews like we said you

1483

00:59:56,920 --> 00:59:51,510

know you did Dean Radin you did Rachelle

1484

01:00:00,170 --> 00:59:56,930

Rick you did Gordon white you did a Greg

1485

01:00:01,460 --> 01:00:00,180

all right Greg cutlet Gregg Braden and

1486

01:00:02,870 --> 01:00:01,470

Greg Carr would you did a bunch of other

1487

01:00:05,960 --> 01:00:02,880

people but you're kind of heading in a

1488

01:00:08,359 --> 01:00:05,970

different direction now with your

1489

01:00:11,300 --> 01:00:08,369

partner so tell us what you have coming

1490

01:00:11,780 --> 01:00:11,310

up where people are gonna write your

1491

01:00:15,260 --> 01:00:11,790

work

1492

01:00:17,930 --> 01:00:15,270

we have repackaging the podcast is now

1493

01:00:21,140 --> 01:00:17,940

gonna be called mad magic I've described

1494

01:00:23,750 --> 01:00:21,150

our reality for many years as a magical

1495

01:00:25,550 --> 01:00:23,760

mad experience so this duality this

1496

01:00:28,040 --> 01:00:25,560

shadow and the light the light the dark

1497

01:00:30,320 --> 01:00:28,050

all the rest of it so we're just going

1498

01:00:33,200 --> 01:00:30,330

to be talking about all the good stuff

1499

01:00:35,599 --> 01:00:33,210

about what it means to be a human

1500

01:00:38,120 --> 01:00:35,609

experiencing this mystery we're gonna be

1501  
01:00:41,150 --> 01:00:38,130  
focusing a lot on so feeling so in terms

1502  
01:00:43,370 --> 01:00:41,160  
of what's what's going on in

1503  
01:00:44,870 --> 01:00:43,380  
relationship itself as well as the

1504  
01:00:47,870 --> 01:00:44,880  
people around us there's so much anxiety

1505  
01:00:50,060 --> 01:00:47,880  
and depression the existential crisis is

1506  
01:00:52,070 --> 01:00:50,070  
everywhere Alex and so we want to help

1507  
01:00:53,660 --> 01:00:52,080  
people with that sort of stuff sort of

1508  
01:00:55,640 --> 01:00:53,670  
face that existential crisis in a

1509  
01:00:57,200 --> 01:00:55,650  
healthy way and actually you know build

1510  
01:01:01,130 --> 01:00:57,210  
a little bit of meaning and purpose in

1511  
01:01:02,840 --> 01:01:01,140  
their life my partner hasn't been active

1512  
01:01:04,430 --> 01:01:02,850  
yet we didn't this sort of space in this

1513  
01:01:07,520 --> 01:01:04,440

independent media space but she's the

1514

01:01:09,109 --> 01:01:07,530

best conversation I get in my life so I

1515

01:01:12,170 --> 01:01:09,119

can't wait to share that with others

1516

01:01:14,630 --> 01:01:12,180

she's a wise old soul she she gets a lot

1517

01:01:16,130 --> 01:01:14,640

more I've learned a lot from her not

1518

01:01:18,620 --> 01:01:16,140

just in the love that I've been able to

1519

01:01:20,750 --> 01:01:18,630

get through you know knowing her for 25

1520

01:01:22,670 --> 01:01:20,760

years as I mentioned earlier we were

1521

01:01:24,590 --> 01:01:22,680

together for a little while then we

1522

01:01:26,599 --> 01:01:24,600

broke up for 10 years and and we've been

1523

01:01:28,730 --> 01:01:26,609

back together for five years and we've

1524

01:01:30,080 --> 01:01:28,740

built an amazing communication with each

1525

01:01:31,880 --> 01:01:30,090

other one of the most advanced

1526

01:01:34,910 --> 01:01:31,890

communications between two people of our

1527

01:01:36,560 --> 01:01:34,920

I've ever experienced or seeing so a

1528

01:01:38,480 --> 01:01:36,570

love love to be able to share that we've

1529

01:01:41,420 --> 01:01:38,490

got a really healthy coherent

1530

01:01:45,349 --> 01:01:41,430

relationship where we're not codependent

1531

01:01:47,750 --> 01:01:45,359

but we certainly share where we are with

1532

01:01:49,760 --> 01:01:47,760

each other without going into you know

1533

01:01:51,740 --> 01:01:49,770

we have our own secrets so to speak who

1534

01:01:53,960 --> 01:01:51,750

doesn't you know you don't need to share

1535

01:01:55,640 --> 01:01:53,970

everything with everybody but we are

1536

01:01:56,090 --> 01:01:55,650

very real and more with each other we

1537

01:01:57,620 --> 01:01:56,100

understand

1538

01:01:59,630 --> 01:01:57,630

chello sir that'll come out through the

1539

01:02:02,990 --> 01:01:59,640

podcast so if anybody's interested in

1540

01:02:07,370 --> 01:02:03,000

sort of what's going on in terms of just

1541

01:02:09,620 --> 01:02:07,380

the general discussion of of yeah just

1542

01:02:11,450 --> 01:02:09,630

the whole spirituality personal

1543

01:02:14,120 --> 01:02:11,460

development and systemic sort of

1544

01:02:16,610 --> 01:02:14,130

analysis and not only that I will still

1545

01:02:19,010 --> 01:02:16,620

continue to do interviews as well I'm

1546

01:02:20,360 --> 01:02:19,020

gonna have your good self on the podcast

1547

01:02:22,190 --> 01:02:20,370

I look forward to that I'm gonna give

1548

01:02:25,580 --> 01:02:22,200

you a bit of a skeptic I approach my

1549

01:02:28,430 --> 01:02:25,590

self and see if I hold my own and a

1550

01:02:30,200 --> 01:02:28,440

concept that that yeah I really look

1551  
01:02:33,560 --> 01:02:30,210  
forward to continuing interviewing some

1552  
01:02:35,540 --> 01:02:33,570  
really genuine hearted men and women

1553  
01:02:37,460 --> 01:02:35,550  
around a well world who who actually

1554  
01:02:39,590 --> 01:02:37,470  
want to give back and try and create

1555  
01:02:41,960 --> 01:02:39,600  
something a little bit more aligned to

1556  
01:02:44,720 --> 01:02:41,970  
justice for our future a big part of my

1557  
01:02:47,720 --> 01:02:44,730  
original podcasts which is called a

1558  
01:02:50,240 --> 01:02:47,730  
Brazilian society was to focus on not

1559  
01:02:51,740 --> 01:02:50,250  
diss identifying the issues Alex but

1560  
01:02:53,570 --> 01:02:51,750  
also what are some of the solutions

1561  
01:02:55,460 --> 01:02:53,580  
that's going on as well what are some of

1562  
01:02:57,920 --> 01:02:55,470  
these grassroots movements are they're

1563  
01:03:00,410 --> 01:02:57,930

actually creating that more of that

1564

01:03:02,120 --> 01:03:00,420

honor ability for our world so Geoff

1565

01:03:04,970 --> 01:03:02,130

Lawton is a great example he's one of

1566

01:03:07,490 --> 01:03:04,980

the the icons of permaculture that

1567

01:03:09,380 --> 01:03:07,500

system we've discussed at length there

1568

01:03:11,180 --> 01:03:09,390

was a Lenin all where God's talking

1569

01:03:13,250 --> 01:03:11,190

about localizing economies and

1570

01:03:15,110 --> 01:03:13,260

decentralization if we ever want to sort

1571

01:03:16,670 --> 01:03:15,120

of move into a you know a better

1572

01:03:18,230 --> 01:03:16,680

direction we need to sort of have a

1573

01:03:20,900 --> 01:03:18,240

decentralized approach to this

1574

01:03:23,000 --> 01:03:20,910

increasing centralized totalitarian

1575

01:03:26,260 --> 01:03:23,010

tyranny that's manifesting on this

1576

01:03:29,150 --> 01:03:26,270

global scale and yeah it's a bit of a a

1577

01:03:31,490 --> 01:03:29,160

crazy situation that's going on there so

1578

01:03:33,470 --> 01:03:31,500

yeah decentralization and honoring

1579

01:03:35,420 --> 01:03:33,480

sovereignty in the self in the community

1580

01:03:37,760 --> 01:03:35,430

is a great way of doing so through these

1581

01:03:40,520 --> 01:03:37,770

particular models such as localizing

1582

01:03:42,160 --> 01:03:40,530

economies and and permaculture and

1583

01:03:45,020 --> 01:03:42,170

biodynamics and all that sort of stuff

1584

01:03:47,570 --> 01:03:45,030

yes I I'm going to continue on that sort

1585

01:03:48,980 --> 01:03:47,580

of path too but make it more of a

1586

01:03:50,900 --> 01:03:48,990

personal discussion with people and

1587

01:03:53,000 --> 01:03:50,910

hopefully help people to step in to

1588

01:03:56,240 --> 01:03:53,010

their authenticity better because

1589

01:03:58,760 --> 01:03:56,250

there's a huge need for a once again

1590

01:04:02,930 --> 01:03:58,770

there's so much suffering in our world

1591

01:04:07,100 --> 01:04:02,940

Alex it's out of sync it's imbalance

1592

01:04:09,359 --> 01:04:07,110

sure natural part of life is suffer is

1593

01:04:11,160 --> 01:04:09,369

to have this deception and this

1594

01:04:12,569 --> 01:04:11,170

conflict in the external conflict and

1595

01:04:15,059 --> 01:04:12,579

all that sort of stuff but it's

1596

01:04:17,099 --> 01:04:15,069

definitely been whacked right out of

1597

01:04:19,799 --> 01:04:17,109

balance by a pretty toxic system that we

1598

01:04:21,420 --> 01:04:19,809

live in and and people are really

1599

01:04:23,489 --> 01:04:21,430

struggling to figure out to create a

1600

01:04:25,739 --> 01:04:23,499

little bit of order in themselves and

1601

01:04:27,599 --> 01:04:25,749

Ana rearrange their minds and more

1602

01:04:29,489 --> 01:04:27,609

healthy happy ways so I hope you know

1603

01:04:32,099 --> 01:04:29,499

but hold on hold on cuz I mean you got

1604

01:04:33,959 --> 01:04:32,109

fifty thousand issues there on the table

1605

01:04:36,150 --> 01:04:33,969

but I'll just pick on one that kind of

1606

01:04:37,829 --> 01:04:36,160

wraps a couple of them together and we

1607

01:04:41,009 --> 01:04:37,839

talked a little bit about this last time

1608

01:04:44,400 --> 01:04:41,019

but I do get a little bit frustrated

1609

01:04:46,759 --> 01:04:44,410

when I hear you guys whatever that means

1610

01:04:50,099 --> 01:04:46,769

when I hear you guys talk and it's like

1611

01:04:53,400 --> 01:04:50,109

hold on you want to do permaculture

1612

01:04:56,130 --> 01:04:53,410

that's awesome fantastic have at have

1613

01:04:57,509 --> 01:04:56,140

fun with it whatever that means but if

1614

01:05:01,069 --> 01:04:57,519

you want to deal with environmental

1615

01:05:04,589 --> 01:05:01,079

issues there's only one that's on a

1616

01:05:08,190 --> 01:05:04,599

global scale that has global impact and

1617

01:05:10,529 --> 01:05:08,200

looking into that one brings us to the

1618

01:05:12,479 --> 01:05:10,539

heart of the economic problems as well

1619

01:05:14,579 --> 01:05:12,489

because what's the one issue of course

1620

01:05:16,049 --> 01:05:14,589

it's climate change and as you and I

1621

01:05:19,200 --> 01:05:16,059

talked about one doesn't have to look

1622

01:05:22,049 --> 01:05:19,210

very far to see just the the fakery of

1623

01:05:25,499 --> 01:05:22,059

it that the scientific fakery the

1624

01:05:31,549 --> 01:05:25,509

conspiratorial fakery of it not that I

1625

01:05:34,859 --> 01:05:31,559

don't acknowledge that they're man-made

1626

01:05:37,680 --> 01:05:34,869

toxins released into the atmosphere have

1627

01:05:41,039 --> 01:05:37,690

an effect on climate but just look at it

1628

01:05:43,829 --> 01:05:41,049

it's just built on [h\_\_h] it's not

1629

01:05:46,170 --> 01:05:43,839

real they don't even factor the Sun into

1630

01:05:49,049 --> 01:05:46,180

their calculations you and I know this

1631

01:05:51,569 --> 01:05:49,059

and agree that the climate change thing

1632

01:05:54,089 --> 01:05:51,579

is is [h\_\_h] but the people you're

1633

01:05:55,979 --> 01:05:54,099

talking about when you bring it up they

1634

01:05:58,079 --> 01:05:55,989

they're willing to look past that but

1635

01:05:59,789 --> 01:05:58,089

they're going to yeah but we got to

1636

01:06:01,469 --> 01:05:59,799

protect our environment we've got to do

1637

01:06:03,870 --> 01:06:01,479

this they've bought into the [h\_\_h]

1638

01:06:06,599 --> 01:06:03,880

until we can sort these things apart

1639

01:06:08,749 --> 01:06:06,609

which we never can because it's you want

1640

01:06:11,759 --> 01:06:08,759

to talk about the conspiracy and the

1641

01:06:14,069 --> 01:06:11,769

conspiratorial nature of the culture

1642

01:06:15,809 --> 01:06:14,079

shapers I mean they're running a game on

1643

01:06:18,420 --> 01:06:15,819

us and what's at the front of that game

1644

01:06:21,599 --> 01:06:18,430

is climate change and that also ties

1645

01:06:23,099 --> 01:06:21,609

into the economic thing I mean you think

1646

01:06:26,249 --> 01:06:23,109

the economic divide

1647

01:06:30,269 --> 01:06:26,259

between the rich and the poor is bad now

1648

01:06:33,390 --> 01:06:30,279

wait until they get that carbon tax and

1649

01:06:35,489 --> 01:06:33,400

that carbon credit thing tied to every

1650

01:06:38,690 --> 01:06:35,499

part of your life where their metering

1651  
01:06:41,670 --> 01:06:38,700  
your every aspect of your existence and

1652  
01:06:44,789 --> 01:06:41,680  
factoring it into your carbon footprint

1653  
01:06:46,979 --> 01:06:44,799  
and they're then determining I mean we

1654  
01:06:49,620 --> 01:06:46,989  
don't have to extrapolate too far and

1655  
01:06:51,569 --> 01:06:49,630  
get too conspiratorial to know that that

1656  
01:06:55,529 --> 01:06:51,579  
is the direction that they're heading is

1657  
01:06:59,279 --> 01:06:55,539  
ever more control ever more lock down

1658  
01:07:02,130 --> 01:06:59,289  
ever more bureaucratic stuff so you you

1659  
01:07:04,559 --> 01:07:02,140  
can't mash all these things together

1660  
01:07:07,140 --> 01:07:04,569  
because ultimately they come down to

1661  
01:07:09,749 --> 01:07:07,150  
policy decisions they come down to

1662  
01:07:12,420 --> 01:07:09,759  
political decisions if you want to grow

1663  
01:07:15,509 --> 01:07:12,430

your garden awesome love your garden

1664

01:07:17,999 --> 01:07:15,519

love your food love the rest of it but

1665

01:07:21,539 --> 01:07:18,009

don't put it on par with some kind of

1666

01:07:25,529 --> 01:07:21,549

solution for some kind of global crisis

1667

01:07:28,199 --> 01:07:25,539

it just it's crazy to think that that

1668

01:07:31,319 --> 01:07:28,209

stacks up against what these guys are

1669

01:07:33,299 --> 01:07:31,329

trying to pull off with Paris climate

1670

01:07:36,089 --> 01:07:33,309

summit climate change on a worldwide

1671

01:07:39,839 --> 01:07:36,099

basis it's it's sticks and stones

1672

01:07:41,339 --> 01:07:39,849

against m16s it just doesn't take a 47s

1673

01:07:43,680 --> 01:07:41,349

it's just not real

1674

01:07:45,630 --> 01:07:43,690

yeah well fair enough there's many

1675

01:07:47,880 --> 01:07:45,640

people who say look don't vote that's

1676  
01:07:49,289 --> 01:07:47,890  
good way to solve issues other people

1677  
01:07:52,170 --> 01:07:49,299  
say do vote that's the way I solve

1678  
01:07:53,549 --> 01:07:52,180  
issues director Mikasa joined credit

1679  
01:07:55,709 --> 01:07:53,559  
from a policy stance I think we should

1680  
01:07:57,630 --> 01:07:55,719  
all to be taking all approaches to move

1681  
01:07:59,939 --> 01:07:57,640  
forward in a more general direction

1682  
01:08:01,140 --> 01:07:59,949  
that's going to be good for us both on

1683  
01:08:03,509 --> 01:08:01,150  
an image of individual and collective

1684  
01:08:05,910 --> 01:08:03,519  
level but you said many things first the

1685  
01:08:08,579 --> 01:08:05,920  
single biggest issue isn't climate

1686  
01:08:10,709 --> 01:08:08,589  
change climate change is very real yes

1687  
01:08:12,479 --> 01:08:10,719  
the Sun is literally impacts our climate

1688  
01:08:13,769 --> 01:08:12,489

the global warming propaganda I'm

1689

01:08:15,120 --> 01:08:13,779

assuming that's what you're sort of

1690

01:08:16,859 --> 01:08:15,130

talking about but global warming was

1691

01:08:20,490 --> 01:08:16,869

very real as well because it was

1692

01:08:22,169 --> 01:08:20,500

connected to the Sun cycle and most

1693

01:08:23,820 --> 01:08:22,179

certainly all right the pollution and

1694

01:08:26,669 --> 01:08:23,830

whatnot is certainly having an impact on

1695

01:08:28,320 --> 01:08:26,679

our planet co2 and its relation to

1696

01:08:30,570 --> 01:08:28,330

temperature well there's a lot of debate

1697

01:08:33,240 --> 01:08:30,580

around that obviously and it seems that

1698

01:08:34,930 --> 01:08:33,250

co2 comes after the temperature changes

1699

01:08:36,910 --> 01:08:34,940

but moving

1700

01:08:39,400 --> 01:08:36,920

from that we are literally the single

1701

01:08:41,439 --> 01:08:39,410

best issue Alex isn't that as we are

1702

01:08:45,189 --> 01:08:41,449

literally decimating in natural systems

1703

01:08:48,459 --> 01:08:45,199

life by biodiversity but the single

1704

01:08:50,740 --> 01:08:48,469

biggest issue - the single biggest issue

1705

01:08:52,870 --> 01:08:50,750

to whom I agree with you we're totally

1706

01:08:55,990 --> 01:08:52,880

in agreement but the single biggest

1707

01:08:58,749 --> 01:08:56,000

issue to whom that's why I say it does

1708

01:09:00,700 --> 01:08:58,759

come down to policy it does come so you

1709

01:09:02,740 --> 01:09:00,710

can say we should get out and we should

1710

01:09:04,420 --> 01:09:02,750

March and we should vote but you got to

1711

01:09:06,789 --> 01:09:04,430

be realistic I mean you live in

1712

01:09:08,320 --> 01:09:06,799

Australia I live in United States

1713

01:09:10,479 --> 01:09:08,330

obviously but I live in California

1714

01:09:12,910 --> 01:09:10,489

in California my vote doesn't count

1715

01:09:14,650 --> 01:09:12,920

California is a democratic state it's

1716

01:09:16,209 --> 01:09:14,660

always gonna be democratic largely

1717

01:09:18,880 --> 01:09:16,219

leaning it's always going to vote on

1718

01:09:21,789 --> 01:09:18,890

those policies it just doesn't matter

1719

01:09:24,340 --> 01:09:21,799

what I think one of the things that are

1720

01:09:27,579 --> 01:09:24,350

focused on and of interviewed Robert

1721

01:09:30,010 --> 01:09:27,589

David Steele and an amazing man an

1722

01:09:31,930 --> 01:09:30,020

ex-cia agent has really put together an

1723

01:09:33,880 --> 01:09:31,940

open-source package in terms of how we

1724

01:09:37,240 --> 01:09:33,890

revolutionize our system including

1725

01:09:38,740 --> 01:09:37,250

electoral reform if Trump was genuine at

1726

01:09:40,809 --> 01:09:38,750

all he we should hire him straight up

1727

01:09:42,519 --> 01:09:40,819

because he's an absolute legend on many

1728

01:09:44,200 --> 01:09:42,529

levels doesn't have it all right but I

1729

01:09:46,240 --> 01:09:44,210

certainly believe there are some sort of

1730

01:09:50,860 --> 01:09:46,250

proaches that we can take now of course

1731

01:09:53,950 --> 01:09:50,870

we're forever Alex we have cooperated

1732

01:09:56,350 --> 01:09:53,960

together to create change as usually on

1733

01:09:58,720 --> 01:09:56,360

a local level now we've got a challenge

1734

01:10:00,280 --> 01:09:58,730

on a planetary level the human tribe

1735

01:10:01,750 --> 01:10:00,290

this we're finally interconnected

1736

01:10:04,420 --> 01:10:01,760

through this instantaneous sharing

1737

01:10:07,240 --> 01:10:04,430

information but this cross-fertilization

1738

01:10:09,010 --> 01:10:07,250

of of culture is building this this new

1739

01:10:10,180 --> 01:10:09,020

wave which you know as we spoke about

1740

01:10:12,430 --> 01:10:10,190

last time you have to agree with

1741

01:10:15,490 --> 01:10:12,440

everything but this is where we're sort

1742

01:10:17,050 --> 01:10:15,500

of going are we going to collectively I

1743

01:10:20,080 --> 01:10:17,060

don't know how it's going to be done but

1744

01:10:22,330 --> 01:10:20,090

if we're going to to move into a better

1745

01:10:23,500 --> 01:10:22,340

direction we need to cooperate and we

1746

01:10:25,450 --> 01:10:23,510

certainly need to think about how we

1747

01:10:26,620 --> 01:10:25,460

readjust that system there's all these

1748

01:10:28,180 --> 01:10:26,630

different people doing all these

1749

01:10:29,830 --> 01:10:28,190

different things I think we're sort of

1750

01:10:32,439 --> 01:10:29,840

moving in a general direction which is

1751

01:10:34,330 --> 01:10:32,449

more transparency more openness in terms

1752

01:10:36,750 --> 01:10:34,340

of the information that the truth is

1753

01:10:38,920 --> 01:10:36,760

coming to light but obviously it's very

1754

01:10:41,200 --> 01:10:38,930

controlled the truth is control we put

1755

01:10:42,640 --> 01:10:41,210

in our echo chambers there's a divide

1756

01:10:44,320 --> 01:10:42,650

and conquer strategy on so many

1757

01:10:46,600 --> 01:10:44,330

different levels that are impacting us

1758

01:10:48,800 --> 01:10:46,610

including in the independent media it

1759

01:10:50,000 --> 01:10:48,810

comes becomes very confusing

1760

01:10:52,430 --> 01:10:50,010

but that doesn't mean we don't have to

1761

01:10:54,170 --> 01:10:52,440

do anything Alex I think we should get

1762

01:10:55,790 --> 01:10:54,180

the service itself and give the service

1763

01:10:57,560 --> 01:10:55,800

to the outside world and whatever ways

1764

01:11:00,350 --> 01:10:57,570

relevant to us I don't think there's one

1765

01:11:02,240 --> 01:11:00,360

easy answer to it we need to do this

1766

01:11:04,400 --> 01:11:02,250

this and this I think what we should all

1767

01:11:08,090 --> 01:11:04,410

be doing especially in the independent

1768

01:11:09,800 --> 01:11:08,100

media is solidifying our connection our

1769

01:11:12,410 --> 01:11:09,810

cooperation with each other based around

1770

01:11:14,960 --> 01:11:12,420

individual sovereignty once you connect

1771

01:11:17,150 --> 01:11:14,970

with your internal sovereignty as well

1772

01:11:18,710 --> 01:11:17,160

as how this exchange of energy

1773

01:11:20,720 --> 01:11:18,720

information spirit happens with the

1774

01:11:22,940 --> 01:11:20,730

outside world you catch the point of

1775

01:11:25,400 --> 01:11:22,950

understanding natural law that

1776

01:11:27,590 --> 01:11:25,410

attractive force that that engagement

1777

01:11:29,510 --> 01:11:27,600

with the with the with the forces and

1778

01:11:31,580 --> 01:11:29,520

then you have to actually give back as

1779

01:11:34,880 --> 01:11:31,590

well so how you give back in that means

1780

01:11:36,800 --> 01:11:34,890

giving to to the outside wall is

1781

01:11:38,420 --> 01:11:36,810

literally giving to self and giving to

1782

01:11:39,950 --> 01:11:38,430

self is literally giving to the outside

1783

01:11:41,960 --> 01:11:39,960

world now that doesn't mean that we

1784

01:11:43,730 --> 01:11:41,970

can't pull up boundaries and and make

1785

01:11:45,950 --> 01:11:43,740

sure that we're not being harmed it's

1786

01:11:47,840 --> 01:11:45,960

not all this rainbows and unicorns sort

1787

01:11:50,720 --> 01:11:47,850

of situation going on but we certainly

1788

01:11:53,870 --> 01:11:50,730

need to have some sort of respect for

1789

01:11:56,240 --> 01:11:53,880

that natural engagement that we have

1790

01:11:58,790 --> 01:11:56,250

with our external world as well as have

1791

01:12:01,760 --> 01:11:58,800

respect for the cooperation we would not

1792

01:12:04,280 --> 01:12:01,770

be here in where we are today in this

1793

01:12:06,830 --> 01:12:04,290

day and age without cooperation on some

1794

01:12:09,670 --> 01:12:06,840

sort of level and as is a primitive sort

1795

01:12:13,250 --> 01:12:09,680

of tribe or as a you know a modern day

1796

01:12:15,110 --> 01:12:13,260

civilization so that's a natural part of

1797

01:12:17,240 --> 01:12:15,120

our development and we need to respect

1798

01:12:18,860 --> 01:12:17,250

that how we do that I don't know

1799

01:12:21,260 --> 01:12:18,870

I mean you post some pretty good

1800

01:12:22,910 --> 01:12:21,270

questions there well I think I like what

1801  
01:12:24,980 --> 01:12:22,920  
you said there I mean I think you hit on

1802  
01:12:28,300 --> 01:12:24,990  
something that I kind of noted that I

1803  
01:12:31,850 --> 01:12:28,310  
agree with it's about starting point is

1804  
01:12:33,830 --> 01:12:31,860  
individual sovereignty and we can wrap

1805  
01:12:35,930 --> 01:12:33,840  
this up just by tying it back to the

1806  
01:12:39,470 --> 01:12:35,940  
first topics we talked about I mean

1807  
01:12:42,350 --> 01:12:39,480  
whether it's truth seeking or whether

1808  
01:12:44,330 --> 01:12:42,360  
it's spiritual seeking I would totally

1809  
01:12:49,010 --> 01:12:44,340  
agree with you Phil it's about coming

1810  
01:12:52,070 --> 01:12:49,020  
from a place of internal individual

1811  
01:12:54,680 --> 01:12:52,080  
sovereignty is the truth seeker is the

1812  
01:12:57,290 --> 01:12:54,690  
spiritual seeker so that's also man I

1813  
01:13:00,610 --> 01:12:57,300

mean this is what I wanted to do with

1814

01:13:02,140 --> 01:13:00,620

this interview two guys two podcasters

1815

01:13:04,120 --> 01:13:02,150

just chat

1816

01:13:07,810 --> 01:13:04,130

that up talking about what's going on

1817

01:13:11,100 --> 01:13:07,820

and great we'll see how round two goes

1818

01:13:13,750 --> 01:13:11,110

on your show you know I don't think I do

1819

01:13:15,430 --> 01:13:13,760

skeptical that much it's just I say that

1820

01:13:18,970 --> 01:13:15,440

because that's what other people do this

1821

01:13:21,729 --> 01:13:18,980

is just me man so I'm happy to feel any

1822

01:13:23,950 --> 01:13:21,739

questions you have when I come on your

1823

01:13:26,260 --> 01:13:23,960

show I look forward to it manly fun but

1824

01:13:28,270 --> 01:13:26,270

thanks for this time our guests again

1825

01:13:30,580 --> 01:13:28,280

has been Philip to you what one of the

1826

01:13:31,990 --> 01:13:30,590

books that a book that he's written that

1827

01:13:34,510 --> 01:13:32,000

you might want to check out is the

1828

01:13:36,910 --> 01:13:34,520

simulation but you'll also want to check

1829

01:13:39,010 --> 01:13:36,920

out his new podcast and I have a link to

1830

01:13:41,590 --> 01:13:39,020

that you can yeah you can check out my

1831

01:13:45,600 --> 01:13:41,600

website in the tipping point calm eyed

1832

01:13:48,220 --> 01:13:45,610

YouTube and Facebook is Philip J Watts

1833

01:13:49,870 --> 01:13:48,230

podcast is now going to be called mad

1834

01:13:51,640 --> 01:13:49,880

magic really look forward to getting

1835

01:13:54,880 --> 01:13:51,650

that off the ground the simulation book

1836

01:13:57,399 --> 01:13:54,890

you can get the website and really and

1837

01:13:59,320 --> 01:13:57,409

really look forward to continuing on

1838

01:14:01,450 --> 01:13:59,330

this crazy journey in the independent

1839

01:14:03,250 --> 01:14:01,460

media cuz what a ride it's pain so

1840

01:14:05,110 --> 01:14:03,260

thanks for watching this video if it

1841

01:14:07,720 --> 01:14:05,120

wasn't really a video but just an audio

1842

01:14:09,280 --> 01:14:07,730

stored as a video I apologize but

1843

01:14:11,229 --> 01:14:09,290

there's more videos out there as well

1844

01:14:13,060 --> 01:14:11,239

but please check out the skeptical

1845

01:14:14,410 --> 01:14:13,070

website you can see it here we cover a

1846

01:14:17,229 --> 01:14:14,420

lot of different stuff you might be

1847

01:14:20,560 --> 01:14:17,239

interested in relating to controversial

1848

01:14:23,979 --> 01:14:20,570

science and spirituality a lot of shows

1849

01:14:26,979 --> 01:14:23,989

up there over 350 of them or so all free

1850

01:14:28,440 --> 01:14:26,989

all available for download so do check

